Wofford College Counseling Services
Off-Campus Counseling Referral List
2020/2021 Academic Year

While we love to serve our students’ mental health needs on campus, there are many times when students may need to seek care off-campus. Employees of the college may also benefit from having some information about services available in the community. Please use this list to help you identify some possible care partners.

The following therapists have indicated that they would love to work with Wofford students and/or employees. Please take some time to check out their websites or Psychology Today profiles to learn more about them. Please feel free to contact Counseling Services if you have questions about the process of finding an off-campus therapist.

** indicates this provider is a Wofford College alumna/alumnus

Greenville Area

**Practice Name:** Carolina Counseling Partners  
**Clinician Name:** Julie Griffin  
**Phone:** 864-593-0007  
**Email:** julie@carolinacounselingpartners.com  
**Website:** www.carolinacounselingpartners.com  
**Area of Specialty:** Mood disorders, sexual trauma, childhood trauma. Modalities - CBT, ART, and EFT  
**Insurance:** Not accepted, Self-pay rate $135  
**Address:** 3150 South Highway 14, Greenville SC 29615  
**Willing to see:** Students, Faculty or Employees

**Practice Name:** Heritage Institute  
**Clinician Name:** Susan Tankersley & Others  
**Phone:** 864-607-2369  
**Email:** scheduler.stft@outlook.com  
**Website:** www.heritageinstitute.org  
**Area of Specialty:** We are a group practice with many specializations.  
**Insurance:** Not accepted, Self-pay rate $50  
**Address:** 306B Poinsett St, Greer, SC 29650  
**Willing to see:** Students, Faculty or Employees

**Practice Name:** Evolve Psychotherapy  
**Clinician Name:** Janelle Ienhoff  
**Phone:** 817-938-7122
Email: janelle@evolvepsychotherapy.net
Website: https://www.evolvepsychotherapy.net
Area of Specialty: Eating disorders, disordered eating, body image
Insurance:
Address: 11 North Irvine Street, Suite 10, Greenville, SC 29602
Willing to see: Students, Faculty or Employees

Practice Name: Solid Foundation Counseling Services
Clinician Name: Ivan Quan
Phone: 864-633-2881
Email: lr.quan@icloud.com
Website: http://solidfoundationcounseling.com
Area of Specialty: Veteran owned private practice. I specialize in working with clients who have a history of trauma, PTSD, depressive or anxiety symptoms, addictive disorders, anger management and offenders of domestic violence. I also have extensive experience working with the military community, both active duty and veterans.
Insurance: Self-pay $65
Address: 221 Adley Way, Greenville SC 29607
Willing to see: Students, Faculty or Employees

Practice Name: Fulmer Family Therapy, LLC
Clinician Name: Sherry Kay Fulmer
Phone: 864-663-2364
Email: sk@fulmerfamilytherapy.com
Area of Specialty: I am an LMFT-A trained in working with family systems. I work with individuals and families, as well as children and adolescents. I have experience working with anxiety, depression, anger, grief, self-esteem, phase of life issues, trauma, suicidal ideation, behavior problems. I have extra training in play therapy, and like to incorporate play, creativity, and more experiential approaches to therapy with teens and adults as well.
Insurance: Self Pay Rate $75
Address: 880 S. Pleasantburg Drive Suite 4F Greenville SC 29607
Willing to see: Students, Faculty or Employees

Practice Name: Harvest Family Therapy, LLC
Clinician Name: Trilby Yonkovitz, LMFT-A
Phone: 864-952-1336
Email: trilbyyonkovitz@harvestfamilytherapy.com
Website: https://www.upliftingupstate.com
Area of Specialty: Children, adolescents, young adults, and parents dealing with behavioral concerns or phase of life transitions.
Insurance: 75
Address: 880 South Pleasantburg Drive, Suite 4F Greenville, SC 29607
Willing to see: Students, Faculty or Employees

Practice Name: Trailside Counseling
Clinician Name: Courtney Eidson, LISW-CP
Phone: 864-610-0203
Email: Courtney@trailsidecounseling.com
Website: https://www.psychologytoday.com/us/therapists/courtney-eidson-travelers-rest-sc/771612
Area of Specialty: I have over 20 years of experience working with children, adults, and families. My specialties include Autism Spectrum Disorder, Anxiety Disorders, Attention Deficit Hyperactivity Disorder, Depression, Personality Disorders and behavioral challenges. I provide individual and family counseling as well as parent support and coaching. My goal is to empower clients and provide guidance through their journey.
Insurance: 75
Address: 128 S. Main St., Suite 212, Travelers Rest, SC 29690
Willing to see: Students, Faculty or Employees

Practice Name: New Leaf Therapy, LLC
Clinician Name: Christina Morrison
Phone: 864-350-7953
Email: christina@newleaftherapysc.com
Website: https://www.newleaftherapysc.com
Area of Specialty: Adolescents 12+ and Adults, Anxiety, Depression, Self-Harm
Insurance: 120
Address: 72 Parkway Commons Way, Greer, SC 29650
Willing to see: Students, Faculty or Employees

Practice Name: Clarity Counseling, LLC
Clinician Name: Chrystal Anderson, LPC
Phone: 864-453-1718
Email: office@claritycllc.com
Website: https://www.claritycllc.com/
Area of Specialty: Clarity is a small practice led by Chrystal Anderson, LPC. Chrystal specializes in trauma related conditions including those as a result of interpersonal violence and sexual assault. Other clinicians at Clarity also have significant experience working with trauma. Other specialties include anxiety, depression, and relationship concerns.
Insurance: 120
Address: 300 John Street, Suite 1A, Greer, SC 29651
Willing to see: Students, Faculty or Employees

Practice Name: Wellspring Counseling
Clinician Name: Jonathan Kittel, LPC, LMFT
Area of Specialty: Wellspring Counseling has 5 counselors: 3 male and 2 female, ranging in price from $65 (interns) to $125. We work primarily with teenagers, young adults, and adults experiencing anxiety, depression, anger, and difficult life transitions. We offer telehealth options and in-person sessions. We are out of network for insurance but do accept most HSA and FSA cards and provide statements that people can submit to their insurance companies for out of network reimbursement as well.

Address: 152 Milestone Way Suite B Greenville, SC 29615
Willing to see: Students, Faculty or Employees

Practice Name: ABCounseling
Clinician Name: Alexandra Beavers
Phone: 864-660-3525
Email: alexBcounseling@gmail.com
Website: https://www.psychologytoday.com/us/therapists/alexandra-beavers-greenville-sc/383155
Area of Specialty: Anxiety, depression, trauma, change of life stressors, and behavioral difficulties in children. Work with ages 6+ and utilize Cognitive Behavioral Therapy, EMDR, Trauma Focused CBT, Acceptance and Commitment Therapy
Insurance: 115
Address: 880 South Pleasantburg Drive, Greenville, SC 29607
Willing to see: Students, Faculty or Employees

Practice Name: Upstate Counseling Associates, LLC/ Resilience, LLC
Clinician Name: Molly Dalva
Phone: 843-375-6307
Email: mcdcounseling@gmail.com
Website: https://ucassoc.org/
Area of Specialty: Complex and Developmental Trauma, highly sensitive people (HSP’s), anxiety and chronic stress. I work from a framework of being human with my clients as I am a therapist because therapy gave me hope and healing. I believe in it. I come from a place of supporting clients in building a sense of resilience and empowerment through connection, trust, and safety to be able to reach their healing goals.
Insurance: 115
Address: 880 S. Pleasantburg Drive, Greenville, SC 29601
Willing to see: Students, Faculty or Employees

Practice Name: Rise Counseling, LLC
Clinician Name: Tayla Fortenberry
Phone: 864-735-0110
Email:
Website: https://www.irisecounseling.org
**Area of Specialty:** Interpersonal Trauma; Anxiety Disorders  
**Insurance:**  
**Address:** 880 S Pleasantburg Dr. Suite 4F Greenville, SC 29607  
**Willing to see:** Students, Faculty or Employees

**Practice Name:** Erica Fleming Rutledge LPC LLC  
**Clinician Name:** Erica Fleming Rutledge, LPC  
**Phone:** 864-514-8849  
**Email:** ericarutledge.lpc@gmail.com  

**Area of Specialty:** Depression, anxiety, life transitions, compulsive behaviors.  
**Insurance:**  
**Address:** 1664 E Main St, Suite 204, Easley SC 29640  
**Willing to see:** Students, Faculty or Employees

**Practice Name:** Griffin Moore, LLC  
**Clinician Name:** Griffin Moore  
**Phone:** 864-877-7025  
**Email:** gmoore@greenvillecounseling.com  
**Website:** http://www.greenvillecounseling.com/  
**Area of Specialty:** I specialize in working with anxiety, depression, body image concerns and eating disorders.  
**Insurance:** 105  
**Address:** 4 Parkway Commons Way  
Greer, SC 29615  
**Willing to see:** Students, Faculty or Employees

**Practice Name:** Emily Loeber Therapy**  
**Phone:** 864-962-7078  
**Email:** emily@emilyloebtherapy.com  
**Website:** www.emilyloebtheraphy.com  
**book a free 15-minute phone consultation through my website or by emailing emily@emilyloebtheraphy.com**  
**Area of Specialty:** I specialize in working with women who experience anxiety, depression, stress, and/or have difficulty adjusting to change  
**Insurance:** I accept BlueCross BlueShield insurance as well as self-pay  
**Address:** 205 Bryce Circle, Simpsonville, SC 29681. Telehealth appointments may also be available at this time.

**Practice Name:** Tuttle Therapy Services, Amanda Tuttle, M.Ed, Ed.S., LPC-A, NCC  
**Phone:** 860-706-2942  
**Website:**
Email: tuttletherapyservices@gmail.com

Area of Specialty: My name is Amanda Tuttle. I am currently an LPC-A waiting for my full licensure (should have it by October!) practicing in SC as a sexual trauma counselor. I have recently opened a private practice called Tuttle Therapy Services where I provide tele-health counseling to adolescents and adults. I specialize in trauma (a wide array such as physical/emotional/sexual abuse, family deaths, accidents, etc) but also depression, anxiety, and other life adjustment concerns. I am trained in most trauma based practices including EMDR. I am trained in tele-health which includes video chats and phone sessions, which is perfect for college students who have a hard time making time during the school year to attend and in person session.

Insurance: Not paneled but will provide a superbill to be submitted to insurance.

Address:

Practice Name: Carolina Counseling Partners (Julie Griffin)
Phone: 864-593-0007
Website: www.carolinacounselingpartners.com
Email: juliegriffin6@gmail.com
Area of Specialty: Trauma, Abuse, Anxiety, Depression, PTSD
Insurance: BCBS, PAI, Blue Choice Health, State Health Plan, Federal Health Plan
Address: 3150 S. Highway 14, Greenville, SC 29615

Practice: Reba Purdessy, Ed.S., NCC, LPC, One Life Counseling
Phone: 864-362-3720
Email:
Website: https://www.psychologytoday.com/us/therapists/one-life-counseling-llc-greenville-sc/734081
Address: 4006 E. North Street Professionall Park, Greenville, SC 29615
Insurance:
Specialty: My experience as a therapist in a behavioral hospital system setting, has allowed me the opportunity to work with a diverse set of clients with various mental and behavioral challenges. At One Life, I offer an individual, client-centered environment that supports, encourages and empowers the client to explore and find a greater understanding of self. I use an integrative, goal-oriented approach to therapy, which focus’ on the individual’s mental well-being, emotional challenges and unexpected life occurrences in a non-judgmental, empathic setting. A strong emphasis is placed on the client-therapist relationship as it is pivotal to the therapeutic process and its success!

Practice Name: New Leaf Therapy (Christina Morrison)
Phone: 864-350-7953
Website: www.newleaftherapysc.com
Email: christina@newleaftherapysc.com
Area of Specialty: anxiety and depression, self-harm behaviors
Insurance: BCBS
Address: 72 Parkway Commons Way, Greer, SC 29650
Practice Name: Thriveworks Greenville (Nathan Hansen)
Phone: 864-952-4048
Website: https://thriveworks.com/greenville-counseling/
Email: sisu.empcoaching@gmail.com
Area of Specialty: Sports performance/anxiety/depression/trauma/anger
Insurance: Aetna, Behavioral Health Systems, Blue Choice Medicaid Managed Care, Blue Cross Blue Shield (Companion Healthcare, Companion Technologies, State Health Plan), CIGNA, Human, OptumHealth Behavioral Solutions, Tricare East, Tricare South-Human Military, United HealthCare/ All Savers Alternate Funding, UnitedHealthcare/UHIS-UnitedHealth Integrated Services
Address: 68 Pointe Circle, Suite 3201, Greenville, SC 29615

Practice Name: Riner Counseling (Mary-Catherin Riner, PhD., Ed.S., M.S.)**
Phone: 1-864-608-0446
Website: https://rinercounseling.com/
Email: drmarycatherine@rinercounseling.com
Area of Specialty: helping individuals struggling with food/body image concerns, OCD, couples counseling, self-harm behaviors, and trauma related experiences. I also enjoy working with individuals presenting with general anxiety and depression, ADHD, career counseling concerns, stress management, and issues related to identity and coping with general life transitions. When working with clients, I focus most on the relationship while also incorporating elements of cognitive behavioral therapy (CBT), acceptance and commitment therapy (ACT), and solutions focused therapy (SFT).
Insurance:
Address: 1990 Augusta St #1990, Greenville, SC 29605

Practice Name: Riley Wellness Group (Beth Riley and Lisa Sobol, PhD, Rachel Doerr, Jayne Mattingly)
Phone: 864-787-1946
Website: http://www.rileywellnessgroup.com/
Email: beth@rileywellnessgroup.com
Area of Specialty: Virtual services for all mental health issues and coaching services geared towards college students and women’s wellness.
Insurance:
Address: 220 N. Main Street, Suite 500, Greenville, SC 29601

Practice Name: Uplift Counseling Services, LLC (Taylor Krulac)
Phone: 864-458-8176
Website: www.upliftcounselingllc.com
Email: info@upliftcounselingllc.com
Area of Specialty: OCD specializing in Exposure Response Prevention (ERP), EMDR; Mood/Anxiety Related Disorders, and Acute Crisis Behaviors
Insurance: Not paneled but will provide superbills.
Address: Mauldin, SC
Practice Name: Legacy Counseling and Consulting, LLC (Leo Newman)
Phone: 864-481-0004, fax: 864-568-3884
Website: www.legacycounselingllc.com
Email: leo@legacycounselingllc.com
Area of Specialty: Chronic health challenges, pain, stress, and life transitions. EMDR for trauma and other difficult to treat concerns for which EMDR may be indicated. Offers office based counseling, tele-therapy, and counseling in the park.
Insurance: BCBS and self-pay
Address: 1204 B East Washington Street, Greenville, SC 29601

Practice Name: Jerah Sowinski, LMFT, LPC
Phone: 864-406-6464
Website: www.therapywithjerah.com
Email: hello@therapywithjerah.com
Area of Specialty: Young adults, anxiety, depression, and trauma. EMDR trained.
Insurance: Out of network provider for BCBS
Address: 3E Cleveland Court, Greenville, SC 29607

Practice Name: Shine Counseling (Danielle Austin, LMFT, LMFT-S)
Phone: 864-704-7809
Website: www.shinecounselingservices.com
Email: danielle@shinecounselingservices.com
Area of Specialty: Christian Counselor, CBT, Solution-focused, Transformational Prayer Ministry (TPM)
Insurance: BCBS, Blue Choice, PAI, Federal Employee Plan, Aetna, Tricare
Address: 3449 Pelham Road, Greenville, SC 29615

Practice Name: Tate Strange, LPC, NCC; Greenville Counseling Associates
Phone: 864-877-7025 ext. 712
Website: http://www.greenvillecounseling.com/tate-strange-lpc.html
Email: info@greenvillecounseling.com
Area of Specialty: College age (anxiety, depression, family/relationship issues, phase of life)
Insurance: Self-pay with sliding fee scale
Address: 4 Parkway Commons, Greer, SC 29650

Practice Name: GIFT Counseling Center for Wellness (Kelsey Rose)
Phone: 864-534-1224
Website: www.giftcounselingcenter.com
Specialty: Traumatic Stress
Insurance: Self-pay
Address: 119 Manly Street, Greenville, SC 29601

Practice Name: Elena Newman Counseling, LLC
Phone: 864-712-0505  
Website: https://www.psychologytoday.com/us/therapists/elena-newman-greenville-sc/265083  
Email: elenanewmancounseling@gmail.com  
Area of Specialty: Anxiety and stress, Substance abuse, Relationships  
Insurance: BCBS, Cigna  
Address: 200 Hillcrest Commons Way in Spartanburg; 3523 Pelham Road in Greenville  
Willing to see: Students, Faculty or Employees

Practice: Peaceful Haven Therapy – Phillip Braun, LMFT  
Phone: 864-381-8321  
Email: pbraun@peacefulhaventherapy.com  
Address: 198 Roper Mountain Ext, Suite C, Greenville, SC 29615  
Insurance: Blue Cross Blue Shield (should be able to accept insurance in October)  
Specialty:  
- Individuals: depression, anxiety, grief, trauma, anger, self-esteem, LGBTQ issues, abuse  
- Couples: all areas; he is becoming a certified EFT therapist – will have this completed by beginning of 2019  
- Families: specializes in working with adolescent males and their families; does not work with children under the age of 12

Practice: Revive & Renew Counseling, LLC – Alexandra Tomlin  
Phone: 864-660-3543  
Email: atomlin@reviverenewcounseling.com  
Website: http://reviverenewcounseling.com/  
Address: 198 Roper Mountain Ext, Suite C, Greenville, SC 29615  
Insurance: I am currently completely self-pay with a fee of $100. I do accept FSA and HSA cards, however, I cannot provide a superbill for reimbursement by insurance. I do have a sliding scale option that is available!  
Specialty:  
During my internship experiences, I was able to gain experience with substance use, depression, anxiety, negative body image and self-confidence, self-care, stress concerning school and social situations, relationship conflict, postpartum, and family conflict. My first internship was with The Phoenix Center, and the second was with a local private practice in Greenville, Riner Counseling. I enjoy working with the young and college-age population!

Practice: Dennis Wells M.Min, MA, NCC, LPC, LPCS, LivingWells Counseling Center, LLC  
Phone: (803) 318-5400  
Email:  
Website: https://livingwellscounseling.com/  
Address: 207 South Main Street, Fountain Inn, SC 29644  
Insurance:  
Specialty: As a Licensed Professional Counselor/Supervisor with the State of South Carolina and a National Board Certified Counselor, I provide psychotherapy and counseling. Pre-marital and marital issues, family and relationship issues, and executive coaching. I specialize in treating clients for depression, anxiety and personality disorders.I am
trained in Cognitive Behavior Therapy (CBT), Motivational Interviewing (MI) and Trauma-Focused CBT. I am a certified facilitator with SYMBIS and Prepare/Enrich pre-marital assessments. I believe in coming along beside each individual to assist in navigating through the difficult seasons of life. Aware of the courage required to make an appointment with a therapist, I am careful to approach each session with respect, understanding, a listening ear and a willingness to bring clarity to the confusion.

Practice: JoMarie Johnson; Upstate Restorative Counseling  
Phone: (864) 664-2710  
Email: info@upstaterestorativecounseling.com  
Website: www.upstaterestorativecounseling.com  
Address: 301 Halton Road, Suite J, Greenville, SC 29607  
Insurance: Medicaid, Select Health Medicaid, Healthy Blue Medicaid, BCBS  
Specialty:

Practice: Dianna Williams, MA, LPC; Pathway to Rediscovery Counseling Services, LLC  
Phone: (864) 519-0244  
Email:  
Website: www.PathwaytoRediscovery.com  
Address: 493 Congaree Road, Greenville, SC 29607  
Insurance:  
Specialty: Bilingual therapist – Spanish and English  

Practice: Alexandra Beavers, M.Ed., LPC, ABCounseling, LLC  
Phone: (864) 660-3525  
Email: alexBcounseling@gmail.com  
Website:  
Address: 880 S. Pleasantburg Drive, Suite 4F, Greenville, SC 29607  
Insurance:  
Specialty:

Practice: Kateryna Barnes, MA, LPC, NCC, CDFT, SP Practitioner, EMDR Therapist; Reclaiming You Counseling LLC  
Phone: (864) 735-8439 phone; (864) 412-8689 fax  
Email:  
Website: https://www.psychologytoday.com/us/therapists/kateryna-barnes-greenville-sc/814966; http://upstaterecoverycenter.com  
Address: 37 Villa Road, Suite 206, Greenville, South Carolina 29615  
Insurance:  
Specialty: I work with a range of issues converging with trauma.

Practice: Yamilette Diaz, MA, LMFT, Oasis Counseling Associates  
Phone: phone: 864-772-6459  
Email:  
Website: http://oascounselingassociates.com  
Address:
Insurance:

**Specialty:** *Teletherapy only at this time.* Bilingual therapist serving Adults, Adolescents (14-19 years old). I provide a 15 minutes consultation to help clients determine if I am a good fit for them.

**Practice:** Helena L. Zappolino, MA, LPC, Renewed Outlook Counseling and Solutions, LLC  
**Phone:** 864-651-7948 F: 864-448-1510  
**Email:** info@yourrenewedoutlook.com  
**Website:** www.YourRenewedOutlook.com  
**Address:** 439 Congaree Road, Greenville, SC 29607

**Insurance:**

**Specialty:**

**Practice:** Grace Jones, LMFT; Grace Jones Family Therapy  
**Phone:** (864) 990-5617; Fax: (864) 879-4303  
**Email:** info@gracejonesfamilytherapy.com  
**Website:** https://www.gracejonesfamilytherapy.com/  
**Address:** at Eastside Family Therapy Associates – 28 Parkway Commons Way, Greer, SC 29650  
**Insurance:** BCBS of SC  
**Specialty:** Grace Jones Family Therapy specializes in offering compassionate and holistic individual, couple, and family services to help you find relief from having to do/act "just right." You are worthy of living a meaningful life that does not depend on your school/work performance or your daily food choices. We will work closely with other professionals you see to ensure you get the best care. Our goal is to help you identify effective coping skills and use your inner wisdom to find freedom from anxiety or eating issues. If you are motivated for change, the sky is the limit!

**Practice:** Alexandra Tomlin, M.Ed., Ed.S., LPC-A, Revive and Renew Counseling, LLC  
**Phone:** (864) 660-3453 864) 319-0961  
**Email:** atomlin@reviverenewcounseling.com  
**Website:** reviverenewcounseling.com  
**Address:** 1990 Augusta St, Suite 800, Greenville, 29605  
**Insurance:** I do not accept insurance at this location.  
**Specialty:** I enjoy working with those struggling with anxiety, depression, grief, substance use, self-esteem, life transitions, and career concerns. My fee is $100 per individual session, but I can provide a sliding scale if necessary.

I am also part time at a larger group practice called *Deeper Roots Therapy*. I enjoy working and helping with those struggling with anxiety, depression, grief, substance use, self-esteem, life transitions, and career concerns. I will be able to accept BCBS and United/Optum. We can also bill out of network and accept self-pay.  
**879 NE Main St, Suite C, Simpsonville, SC 29681**  
alexandratomlin@deeperrootstherapy.org
Practice: Jen Arsenault, LCSW, LISW-CP, Therapeutic Alliance, LLC
Phone: 864-319-0773
Email:
Website: https://www.psychologytoday.com/profile/417209
Address: Boiling Springs, SC
Insurance: Aetna, Anthem, Cigna, Optum, Oxford, United Healthcare UHC, UBH
Specialty: Strictly telehealth at this time.

Practice: Brittany Lyda, LPC-A, Center for Sexual and Relational Health
Phone: 864.428.1993, 864-381-0940
Email: brittanylyda86@gmail.com
Website:
Address: 46 Parkway Commons Way, Greer, SC 29650
Insurance:
Specialty: I work with the Center for Sexual and Relational Health and specialize in trauma, betrayal trauma, sex addiction, sexual trauma, relational issues, and other concerns such as anxiety, depression, and stress. I am trained in Accelerated Resolution Therapy (ART), Splankna, and am an Associate Sex Addiction Therapist Candidate (ASAT).

Practice: Laura Tolbert, LPC-A, M.Ed
Phone: (864) 571-9714
Email: lauraktolbert@gmail.com
Website: https://www.psychologytoday.com/us/therapists/female/sc/greenville/860573?sid=614a0f6ff0c9b9&ref=4
Address: 880 S. Pleasantburg Drive, Suite 4E, Greenville, SC 29607 or telehealth option
Insurance: Self-pay only at this time. $85 for an individual 50 minute session
Specialty: I especially enjoy helping clients through grief; other focus areas of mine include life transitions, anxiety, stress, self-esteem, and relationship issues.

Practice: Stephanie Goins, Psy.D., Licensed Clinical Psychologist
Phone: (864) 397-0383
Email: dr.stephaniegoins@gmail.com
Website: https://www.psychologytoday.com/us/therapists/stephanie-goins-greenville-sc/779892
Address: Offering tele-health services for individual therapy.
Insurance: Accept United Healthcare (Optum) and Cigna
Specialty: Bilingual services available.

SPARTANBURG AREA:

Practice Name: Modern Wellness Family Counseling
Clinician Name: Ross Hill
Phone: 864-383-9002
Email: ross.hill@modernwellnessfc.com
Website: https://modernwellnessfamilycounseling.com
Area of Specialty: I work with a variety of issues but specialize in addiction, couples, and men's issues. I also have a lot of experience working with anxiety, depression, and OCD. I work with adults and older adolescents.
Insurance: I accept BCBS, Medicaid, and self-pay clients. We have some spots available for reduced fee clients.
Address: 945 E Main St Ste 5
Spartanburg, SC 29302
Willing to see: Students, Faculty or Employees

Practice Name: Modern Wellness Family Counseling
Clinician Name: Kelly Kennedy, Shelby Albright, Ross Hill, Danielle Burton, Caroline Mittman, Emilie Ford
Phone: 864-383-9002
Email: admin@modernwellness.hush.com
Website: https://modernwellnessfamilycounseling.com
Area of Specialty: Therapist specializing in individual, couples, and family counseling; licensed addictions counselor; LGBTQ friendly; diversity training; medical issues; postpartum depression; EMDR; trauma focused CBT; play therapy
Insurance:
Address: 945 E Main St Ste 5
Spartanburg, SC 29302
Willing to see: Students, Faculty or Employees

Practice Name: Modern Wellness
Clinician Name: Emilie Ford
Phone:
Email: emilie.ford@modernwellnessfc.com
Website:
Area of Specialty: I'm an LMFT-A and currently accept Medicaid and self-pay. I specialize in trauma, self-esteem, anxiety/OCD, highly sensitive individuals, and couples therapy, and I am trained in EMDR.
Insurance:
Address:
Willing to see: Students, Faculty or Employees

Practice Name: Meg Taylor, MT Counseling
Phone: 864-542-6041
Website: https://mtcounselingsc.com/
Email: megtaylor@mtcounselingsc.com
**Area of Specialty:** I’m in downtown Spartanburg. I specialize in kids but love seeing young adults with anxiety, depression, and self-esteem issues. I especially love working with student-athletes since I was one and can relate to that population!

**Insurance:** At this time, I do not accept insurance but as of November I will begin becoming paneled!

**Address:** 152 Magnolia Street Spartanburg SC 29306

**Practice Name:** Magnolia Counseling (several clinicians available)
**Phone:** 864-583-5969
**Website:** https://magnoliacounseling.net
**Email:**

**Area of Specialty:** various
**Insurance:**
**Address:** 153 N. Spring Street, Spartanburg, SC 29306

**Practice Name:** Next Generation Counseling (Ana Kelley)
**Phone:** 864-580-6777 (fax: 864-708-2020)
**Website:** www.nextgenerationcounseling.com
**Email:** anakelley@nextgenerationcounseling.com

**Area of Specialty:** Teens and young women, other counselors in the practice work with trauma, anxiety, depression, family issues, etc.
**Insurance:** Blue Cross Blue Shield, Medicaid, and self-pay reduced rates available.
**Address:** 101 N. Pine Street, Suite 315, Spartanburg, SC 29302

**Practice Name:** In-Step Counseling Services, LLC
**Clinician Name:** Debbie Guilfoyle
**Phone:** 864-310-6776
**Email:** instepcounseling@gmail.com
**Website:** https://www.psychologytoday.com/us/therapists/29306/146743?sid=5f47cf6c0b103&ref=6&tr= ResultsName

**Area of Specialty:** I work with young adults who have trauma, depression, anxiety, LGBTQ, and general transition issues.
**Insurance:**
**Address:** 175 Magnolia Street, Suite 106, Spartanburg

**Willing to see:** Students

**Practice Name:** EMERGE
**Phone:** 864-583-1010
**Website:** www.westgatefti.org
**Email:**

**Area of Specialty:** General practice
**Insurance:** Sliding Fee Scale
**Address:** 138 Dillon Drive, Spartanburg, SC 29307
Practice Name: Beth Arms  
Phone: 864-583-1010  
Website:  
Email:  
Area of Specialty: General mental health disorders, school issues, parenting, ADHD, grief, adjustment disorders, spiritual issues.  
Insurance: BCBS, UHC, Cigna; EAPs: Beacon, Magellan, All One Health, JM Smith, Palmetto, MOS  
Address:  

Practice Name: Healing Solutions (Adrina West)  
Phone: 864-707-2167  
Website: http://www.healingsolutionscounseling.com  
Email:  
Area of Specialty: My areas of specialty are substance abuse, obesity, depression, anxiety, stress, and life transitions. I offer flexible schedules which includes early morning (7:00 am), late evening (6:00 pm) and Saturday mornings (varies) appointments.  
Insurance: I am currently accepting Medicaid and self pay clients at this time.  
Address: Healing Solutions is conveniently located approximately 3 minutes which is 1.2 miles from your campus. 340 E. Main Street, 102, Spartanburg, SC  

Practice Name: Hannah Smith Counseling  
Phone: 843-941-5167  
Website: www.hannahsmithcounseling.com  
Email: contact@hannahsmithcounseling.com  
Area of Specialty: I specialize in sex therapy, identity concerns, trauma and treatment for anxiety/phase of life issues. More specifically, I am passionate about working with LGBT+ communities and Alternative Sexual Expression communities such as BDSM/Kink practitioners, Swingers, and Polyamorous families. I am also well versed in working with a wide variety of women’s issues. My practice is actively sex positive and affirming of all ways of consensually expressing oneself. To that end, my work comes from a strongly feminist/multicultural theoretical orientation with psychodynamic integration. For maximum convenience of clients, I offer fully online counseling for adolescents and adults in the state of South Carolina, North Carolina, and Florida.  
Insurance: I am in the process of accepting insurance. I am available for self-pay and out-of-network reimbursement immediately. Sliding scale also available.  

Practice Name: Susan Lea, LMFT, CAMS II  
Phone: 864-406-5774  
Website: www.SusanLeaTherapy.com  
Email:  
Area of Specialty: Works with many mental health issues such as depression, anxiety, life transition, relationship challenges, etc. Specialty: anger management. Most major insurances and EAPs accepted.
**Insurance:** Private Pay  
**Address:** 101 N. Pine Street, Spartanburg, SC 29302 or telehealth within South Carolina

**Practice Name:** Coda Counseling, LLC (Carla Turner)  
**Phone:** (864) 316-8242  
**Website:** www.ecsweb.org  
**Email:**  
Area of Specialty: EMDR, CBT, DBT, and mindful mood management. Trauma, anxiety, and OCD  
Insurance: BCBS, Cigna, all the SC Medicaids, Magellan, and several EAPs. Also, in network with medcost/healthscope insurance from Spartanburg Regional  
**Address:** 1953 Old Reidville Road, Spartanburg, SC 29301

**Practice Name:** In-Step Counseling Services, LLC (Debbie Guilfoyle LISW-CP)  
**Phone:** 864-310-6776  
**Website:**  
**Email:** instepcounseling@gmail.com  
**Area of Specialty:** Young adults who have issues with depression, anxiety, trauma, and LGBTQ. Energy psychology techniques as well as talk therapy.  
**Insurance:** BCBS, most SC Medicaid (no WellCare), Cigna, and TriCare.  
**Address:** 175 Magnolia Street, Suite 106, Spartanburg, SC 29306

**Practice Name:** New Horizons Counseling (Kate Landsverk, LMFT) **  
**Phone:** 864-764-1007  
**Website:**  
**Email:** katelandsverk@newhorizonscounselingsc.com  
**Area of Specialty:**  
**Insurance:** EAPs and self-pay. Assessment is $90, 50-minute sessions are $75  
**Address:** 1714 Boiling Springs Road, Boiling Springs, SC

**Practice Name:** Lori Ivey LLC  
**Clinician Name:** Lori Ivey  
**Phone:** 864-397-8056  
**Email:** Loriivey18@gmail.com  
**Website:** https://www.psychologytoday.com/us/therapists/lori-ivey-spartanburg-sc/421629  
**Area of Specialty:**  
**Insurance:**  
**Address:** 127 Metro Drive Spartanburg, S.C. 29303  
**Willing to see:** Students, Faculty or Employees

**Practice Name:** Outside of the Box Therapy  
**Clinician Name:** Brittney Burke  
**Phone:** 864-274-8445
Email: therapist01@outsideoftheboxtherapy.com
Website: http://www.outsideoftheboxtherapy.com/our-location/
Area of Specialty: Co-occurring disorders, addiction, young adults, transitions into different stages of life
Insurance:
Address: 115 E. Montgomery St. Gaffney, SC 29340
Willing to see: Students, Faculty or Employees

Practice: Erica Whitt, LISW-CP, Whitt Counseling, LLC
Phone: (864) 580-1612, Fax: (888) 972-8914
Email: erica@whittcounseling.com
Website: www.whittcounselingsc.com
Address: 1953 Old Reidville Road Spartanburg SC 29301
Insurance: I accept BCBS and Cigna insurance and provide a superbill for client’s with other insurance plans.
Specialty: I primarily see high school and college age individuals with anxiety. Also, I have years of intensive experience in providing therapy to individuals who have experienced sexual assault or other trauma. I graduated from Wofford in 2007 and continue to volunteer for Dr. Lefebvre’s clinical psychology class so I am still in touch with the campus culture. I will opt not to see any students who may be considering taking that class but can recommend someone in those cases.

Practice: Bethany Baynard, Body and Mind Psych
Phone:
Email: Bethany.baynard@bodymindpsych.com
Website: www.bodyandmindpsych.com
Address:
Insurance:
Specialty:

Practice:
Phone:
Email:
Website:
Address:
Insurance:
Specialty:

Other Supportive Resources:

Practice: Greenville Transitions – Sober Living
Phone: 864-404-6534
Email:
Website: https://www.greenvilletransitions.com/
Address:
Insurance: Out of network right now, but working towards getting on panel with BCBS
Specialty: A transitional living program

Upstate Padoga Tribe - Paddle Board Yoga
Co-Operators: Amanda Arrington & Marjorie Warren
864-519-0900
864-473-5533
Rates Range between $30 - $40 / session
(Lake Bowen / Lake Jocassee)

Marjorie Warren, LLC
Performance & Relationship Mentor
Still Water Well-Being
818/A East Main St. Spartanburg, SC
www.stillwaterwellbeing.com
Office: 864-473-5533
Fax: 864-473-5535
$35 / student rate
$50 / Individual
$60 / Relational
Amanda Arrington
Marriage & Family Relationship Yoga Mentor
White Bison Well-Being, LLC
818/A East Main St, Spartanburg, SC
www.whitebisonwellbeing.com
Office: 864-519-0900
$35 / student rate