While we love to serve our students’ mental health needs on campus, there are many times when students may need to seek care off-campus. Employees of the college may also benefit from having some information about services available in the community. Please use this list to help you identify some possible care partners. The following therapists have indicated that they would love to work with Wofford students and/or employees. Please take some time to check out their websites or Psychology Today profiles to learn more about them. Please feel free to contact Counseling Services if you have questions about the process of finding an off-campus therapist.

** indicates this provider is a Wofford College alumna/alumnus

| Name of Clinician | Name of Practice | Willing to see | Address | Phone Number | Email Address | Website | Insurance | Pricing, If self-pay only | Information about practice | Willing to come to speak or do workshops?
<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Gabrielle Moss, LPC</td>
<td>Take Root Counseling LLC</td>
<td>Students, Faculty or Employees</td>
<td>880 S Pleasantburg Drive Suite 4F Greenville Sc 29607</td>
<td>8647358831</td>
<td><a href="mailto:gabrielle@takerootgvl.org">gabrielle@takerootgvl.org</a></td>
<td></td>
<td>BCBS</td>
<td>95</td>
<td>I provide in person and telehealth sessions! I do have some evening appointments and early Friday availability as well. I enjoy working with college aged students and adults struggling with anxiety, substance use and processing major life transitions (i.e. moving, divorce, change in career)</td>
<td>Self Care, Anxiety, Substance Use</td>
</tr>
<tr>
<td>Tate Strange</td>
<td>Greenville Counseling Associates</td>
<td>Students, Faculty or Employees</td>
<td>301 Anderson Rd. Greenville, SC 29601</td>
<td>8648777025</td>
<td><a href="mailto:Tstrange@greenvillecounseling.com">Tstrange@greenvillecounseling.com</a></td>
<td></td>
<td>Out of Network (provides superbill)</td>
<td>110</td>
<td>I primarily work with adolescents to young adults experiencing anxiety, depression, phase of life, family, and relationship issues. I spent a year working at Clemson’s counseling center on campus and often work within that age range.</td>
<td></td>
</tr>
</tbody>
</table>
Name of Clinician: Audrey Connell
Name of Practice: Nutritional & Psychological Wellness, LLC
Willing to see: Students, Faculty or Employees
Address: 420 The Parkway Suite K Greer, SC 29650
Phone Number: 8647350842
Email Address: Audrey.Connellcounseling@gmail.com
Website:
Insurance: BCBS, CIGNA
Pricing, If self-pay only:
Information about practice: I am a Licensed Professional Counselor and Certified Holistic Nutritionist. I combine these services when appropriate and see clients for one or the other. I primarily work with eating disorders/disordered eating patterns as a result of complex PTSD, acute stress, etc. See website for more info!
Willing to come to speak or do workshops?

Name of Clinician: Hope Wood
Name of Practice: Hope Wood Counseling LLC
Willing to see: Students, Faculty or Employees
Address: 917 W. Poinsett St., Greer, SC 29650
Phone Number: 8646136090
Email Address: hopewoodcounseling@protonmail.com
Website:
Insurance: Self pay but can provide superbills for possible OON reimbursement
Pricing, If self-pay only: 130
Information about practice: Grief & Religious Trauma, LGBTQ+ affirming
Willing to come to speak or do workshops?

Name of Clinician: Molly Dalva, LPC
Name of Practice: Resilience Healing Space, LLC
Willing to see: Students, Faculty or Employees
Address: 880 S. Pleasantburg Drive, Greenville, SC, 29607
Phone Number: 8433756307
Email Address: molly@resiliencehealingspace.org
Website:
Insurance: BCBS
Pricing, If self-pay only: 115
Information about practice: Complex and Developmental Trauma
Somatic and Attachment Focused EMDR
Sexual Exploitation, trafficking/sexual abuse/assault
Willing to come to speak or do workshops? Sexual Exploitation and Trafficking

Name of Clinician: Erin Kelley, M.A., LMFT
Name of Practice: Erin Kelley Counseling
Willing to see: Students, Faculty or Employees
Address: 3505 Pelham Rd Ste B-1
Greenville, SC 29615
Phone Number: 8647881210
Email Address: Erinkelleycounseling@gmail.com
Website:
Insurance: Self-pay only
Pricing, If self-pay only: 115
Information about practice: Grief Counseling and Divorce Recovery are the sole focuses of my practice. I serve adults in person with a compassionate and gentle approach. My clients have experienced loss of many kinds, traumatic or out-of-order death, or are learning to rebuild after a divorce.
Willing to come to speak or do workshops?

Name of Clinician: Ari Livanos
Name of Practice: Pettigru Counseling
Willing to see: Students, Faculty or Employees
Address: 405 Pettigru st Greenville SC
Phone Number: 8642713549
Email Address: Arilivanos@pettigru.com
Website:
Insurance: Can assist with self-filing
Pricing, If self-pay only: 115
Information about practice: Anxiety, depression, life transitions, stress, trauma, ASD. Can provide sliding scale.
Willing to come to speak or do workshops?

Name of Clinician: Lesley Pena
Name of Practice: Thriveworks
Willing to see: Students, Faculty or Employees
Address: 68 Pointe Cir Suite 3201, Greenville, SC 29615
Phone Number: 8437291088
Email Address: Lesleyp@thriveworks.com
Website:
Insurance: Aetna, Cigna, united health
Pricing, If self-pay only: 100
Information about practice: Depression, PTSD, GAD, Autism
Willing to come to speak or do workshops?

Name of Clinician: Walter Howard
Name of Practice: Vive Greenville
Willing to see: Students, Faculty or Employees
**Address:** 127 W. Antrim Dr., GVL 29607  
**Phone Number:** 8646893371  
**Email Address:** whoward@vivepsych.com  
**Website:**  
**Insurance:** Self Pay Only. Super Bill provided for insurance reimbursement.  
**Pricing, If self-pay only:** 110  
**Information about practice:** Worked w/ college students for last 20 years. Focus on anxiety, depression, adjustment, relationship issues, marital counseling, general stress. Can integrate faith into therapy if desired.  
**Willing to come to speak or do workshops?** Anxiety, Depression

---

**Name of Clinician:** Yamilette Diaz, MA, LMFT  
**Name of Practice:** Oasis Counseling Associates  
**Willing to see:** Students, Faculty or Employees  
**Address:** Virtual  
**Phone Number:** 8647726459  
**Email Address:** yamidiaz@therapysecure.com  
**Website:**  
**Insurance:** I am not taking insurance at the moment.  
**Pricing, If self-pay only:** 115  
**Information about practice:** My name is Yamilette Diaz, I am originally from Puerto Rico, and I am a bilingual therapist. I am a Licensed Marriage and Family Therapist in the state of South Carolina that offers therapy services via telehealth (virtual only). I believe that taking care of your mental health can look different depending on your life circumstances. I help people with diverse backgrounds that are dealing with life transitions, experienced trauma, or are dealing with other issues (for example anxiety, depression, domestic abuse, sexual abuse, parenting, and family functioning, self-esteem, stress, etc.), and want to be their best selves and live fulfilling lives. When working with me, I will take into consideration how your overall well-being is affected by your emotional, social, physical, and spiritual condition. Usually, a free-15 minutes consultation can be scheduled to help you determine if I am the right therapist for you.  
**Willing to come to speak or do workshops?**

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**Name of Clinician:** Jennifer Kittredge  
**Name of Practice:** Vive Greenville  
**Willing to see:** Students, Faculty or Employees  
**Address:** 127 W Antrim Drive, Greenville SC 29607  
**Phone Number:** 8642394110  
**Email Address:**  
**Website:**  
**Insurance:** None, though we can provide superbills to be filed with insurance  
**Pricing, If self-pay only:** 130
Information about practice: I have lots of experience working with trauma, relationship issues, and significant life transitions. I also enjoy working with people struggling with depression, anxiety, low self-esteem, and setting healthy boundaries. As a practice, Vive offers a wide range of specialties with our clinicians, including OCD, anxiety, depression, eating disorders and trauma.

Willing to come to speak or do workshops?

Name of Clinician: Michele Balderson
Name of Practice: Michele Balderson Psychotherapy
Willing to see: Students, Faculty or Employees
Address: 9 Toy St Greenville SC 29605
Phone Number: 8647805040
Email Address: michelebalderson@therapysecure.com
Website:
Insurance: Aetna   Cigna
Pricing, If self-pay only:

Information about practice: Anxiety and depression life transition young adults/adults college, graduate and professional schools. Perfectionism and relationship concerns. LGBTQ+ affirming.

Willing to come to speak or do workshops?

Name of Clinician: Alexandra Tomlin
Name of Practice: Revive & Renew Counseling
Willing to see: Students, Faculty or Employees
Address: 1990 Augusta St, Suite 800, Greenville, SC 29605
Phone Number: 8646603453
Email Address: atomlin@reviverenewcounseling.com
Website:
Insurance: None
Pricing, If self-pay only: 100

Information about practice: I specialize in working with young adult women going through transitions, or struggling with anxiety, depression, relationships, grief, or break ups. I also work with mothers that may be struggling with post partum depression/anxiety.

Willing to come to speak or do workshops?

Name of Clinician: Lisa Rivers
Name of Practice: Lisa Rivers Counseling Services LLC
Willing to see: Students, Faculty or Employees
Address: 429 Roper Mountain Road Suite 901 Greenville SC 29615
Phone Number: 8646332987
Email Address: Lisarivers@counselingmail.com
Website:
Insurance: Self pay only
Pricing, If self-pay only: 65
Information about practice: I specialize in therapy for high performers managing stress and anxiety while balancing success, relationships, health, and fulfillment.

**Willing to come to speak or do workshops?** Less is More with Purposeful Living

<table>
<thead>
<tr>
<th>Name of Clinician:</th>
<th>Candace A.Champagne</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Practice:</td>
<td>Champagne Counseling</td>
</tr>
<tr>
<td>Willing to see:</td>
<td>Students, Faculty or Employees</td>
</tr>
<tr>
<td>Address:</td>
<td>Telehealth in SC, NC, MI</td>
</tr>
<tr>
<td>Phone Number:</td>
<td>19899921658</td>
</tr>
<tr>
<td>Email Address:</td>
<td><a href="mailto:candace@champagnecounseling.com">candace@champagnecounseling.com</a></td>
</tr>
<tr>
<td>Website:</td>
<td></td>
</tr>
<tr>
<td>Insurance:</td>
<td>Not at this time</td>
</tr>
<tr>
<td>Pricing, If self-pay only:</td>
<td>150</td>
</tr>
</tbody>
</table>

Information about practice: I offer 60 to 90 minute individual, couple and family sessions specializing in impulse control, addiction, grief and loss, domestic abusers, anger management, and mood disorders. I am a seasoned therapist with more than 20 years of experience and hold the following credentials: LISW-PC, LMSW, LCSW, LCAS, MAC, CAADC

**Willing to come to speak or do workshops?** Addiction, grief and loss, domestic abuse

<table>
<thead>
<tr>
<th>Name of Clinician:</th>
<th>Alicia Pace</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Practice:</td>
<td>Alicia Pace Psychotherapy, LLC</td>
</tr>
<tr>
<td>Willing to see:</td>
<td>Students, Faculty or Employees</td>
</tr>
<tr>
<td>Address:</td>
<td>6650 Rivers Ave ste 100 Charleston SC 29406</td>
</tr>
<tr>
<td>Phone Number:</td>
<td>9798030208</td>
</tr>
<tr>
<td>Email Address:</td>
<td><a href="mailto:alicia@aliciapace.com">alicia@aliciapace.com</a></td>
</tr>
<tr>
<td>Website:</td>
<td></td>
</tr>
<tr>
<td>Insurance:</td>
<td>None, can provide super bill</td>
</tr>
<tr>
<td>Pricing, If self-pay only:</td>
<td>140</td>
</tr>
</tbody>
</table>

Information about practice: I work with adults navigating trauma in many forms. I use Polyvagal Theory and parts work to address trauma at the root. I work with anxiety, depression, neurodivergence, and HSP’s. I am LGBTQ aligned and experienced. I also have experience working with addictions.

**Willing to come to speak or do workshops?**

<table>
<thead>
<tr>
<th>Name of Clinician:</th>
<th>Allison Peasley</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Practice:</td>
<td>Summit Greenville - Allison Peasley Counseling, LLC</td>
</tr>
<tr>
<td>Willing to see:</td>
<td>Students, Faculty or Employees</td>
</tr>
<tr>
<td>Address:</td>
<td>429 Roper Mountain Rd., Suite 901, Greenville, SC 29615</td>
</tr>
<tr>
<td>Phone Number:</td>
<td>8647564816</td>
</tr>
<tr>
<td>Email Address:</td>
<td><a href="mailto:allison@summitgvl.com">allison@summitgvl.com</a></td>
</tr>
<tr>
<td>Website:</td>
<td></td>
</tr>
<tr>
<td>Insurance:</td>
<td>None - self-pay</td>
</tr>
<tr>
<td>Pricing, If self-pay only:</td>
<td>100</td>
</tr>
</tbody>
</table>
**Information about practice:** I see teens, young adults, and adults focusing on anxiety, stress, perfectionism, and trauma. I utilize CBT, mindfulness, and reality therapy to have a holistic approach on treating overall wellness. I am warm, empathetic, and no judge mental while healthily challenging clients to meet their counseling goals. I strongly believe in helping all clients identify their authentic self and then make healthy choices to meet their needs.

**Willing to come to speak or do workshops?** Perfectionism/Stress

---

**Name of Clinician:** Amanda Conner, MMFT, LMFT  
**Name of Practice:** Amanda Conner Counseling, LLC located at Eastside Family Therapy Associates  
**Willing to see:** Students, Faculty or Employees  
**Address:** 28 Parkway Commons Way Greer, SC 29650  
**Phone Number:** 8289191158  
**Email Address:** aconnercounseling@att.net  
**Website:**  
**Insurance:** None  
**Pricing, if self-pay only:** 60  
**Information about practice:** Individual, couples, family counseling with a variety of presenting issues. My specialty is forgiveness therapy—addressed with or without a Christian lens. I am certified in Prepare-Enrich (a premarital program).  
**Willing to come to speak or do workshops?** N/A

---

**Name of Clinician:** Caitlin Segriff, Brittany Nelson (sees up to approximately 30 y/o), or Alyson Krahl  
**Name of Practice:** LivingRite, The Center for Behavioral Health  
**Willing to see:** Students, Faculty or Employees  
**Address:** 503 S. Main St. Mauldin, SC 29662  
**Phone Number:** 8644693268  
**Email Address:** Contact.us@livingrite.org  
**Website:**  
**Insurance:** Aetna, Cigna, and BCBS (in network)  
**Pricing, if self-pay only:** 120  
**Information about practice:** LivingRite has a number of specialty teams, so we’re able to provide exceptional care because our therapists are experts at what they do. Please see our website for specific details, especially as we continue to grow and add new clinicians. We also verify insurance benefits prior to the first appointment and handle all of the insurance billing to reduce barriers for our clients, unlike many local practices who do not accept insurance or provide a superbill and have the clients coordinate with their insurance carrier themselves.  
**Willing to come to speak or do workshops?** We would love to! We can tailor our talks to your specific needs, or provide more generic presentations on things like depression, anxiety, suicidality/non-suicidal self injury, and effective communication.

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**Name of Clinician:** Jessica Loving
**Name of Practice:** Jessica Loving Counseling, LLC  
**Willing to see:** Students, Faculty or Employees  
**Address:** (Currently virtual only) 152 Magnolia St Spartanburg, SC 29306  
**Phone Number:** 8647066832  
**Email Address:** Jessicalovingmft@gmail.com  
**Website:**  
**Insurance:** BCBS, Cigna, United Health, Aetna, Medcost  
**Pricing, If self-pay only:**  
**Information about practice:** I’m currently seeing clients for virtual appointments. My focus is on anxiety, depression, trauma, OCD, domestic violence, life transitions. I also have additional training in DBT, mindfulness, and yoga.  
**Willing to come to speak or do workshops?**

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**Name of Clinician:** Myra Moreira  
**Name of Practice:** Moreira psychotherapy  
**Willing to see:** Students, Faculty or Employees  
**Address:** Park avenue greenville sc  
**Phone Number:** 8033255858  
**Email Address:** Moreirapsychotherapy@gmail.com  
**Website:**  
**Insurance:** Self pay  
**Pricing, If self-pay only:** 125  
**Information about practice:** Eating disorder and trauma  
**Willing to come to speak or do workshops?** Not at this time but possibly:)

---

**Name of Clinician:** Elena Fleming  
**Name of Practice:** Elena Newman Counseling  
**Willing to see:** Students, Faculty or Employees  
**Address:** 101 North Pine Street, Spartanburg  
**Phone Number:** 8038400037  
**Email Address:** Elenanewmanfleming@gmail.com  
**Website:**  
**Insurance:** BCBS, AETNA, United HealthCare  
**Pricing, If self-pay only:** 120  
**Information about practice:** “It is not the water around the ship that sinks the ship, it is the water inside the ship that sinks the ship.” Knowing this to be true, I effectively help my clients figure out what exactly is “sinking their ship” and provide techniques and strategies resolve it. My focus is on helping my clients with managing anxiety and depression, relationship issues, alcohol abuse, self-confidence and life adjustments. My approach is collaborative in combination with being direct when I see the benefit of challenging my clients’ thought or life patterns. Having experienced multiple life changes myself, including being a parent, and having lived in several countries, it has helped me to become sensitive and open-minded while working with my clients. I am looking forward to working with you!
<table>
<thead>
<tr>
<th>Name of Clinician:</th>
<th>Sarah Goldman</th>
<th>Name of Practice:</th>
<th>Mindful Hearts Therapy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Willing to see:</td>
<td>Students, Faculty or Employees</td>
<td>Address:</td>
<td>Telehealth Only</td>
</tr>
<tr>
<td>Phone Number:</td>
<td>8288178909</td>
<td>Email Address:</td>
<td><a href="mailto:mindfulhearts@hushmail.com">mindfulhearts@hushmail.com</a></td>
</tr>
<tr>
<td>Insurance:</td>
<td>N/A</td>
<td>Pricing, If self-pay only:</td>
<td>100</td>
</tr>
<tr>
<td>Information about practice:</td>
<td>Specializing in women's issues to include perinatal mood disorders as well as anxiety, depression, adjustment disorders, mood disorders, ADHD, chronic illnesses, domestic violence/ intimate partner violence, attachment disorders, crisis/trauma, and grief.</td>
<td></td>
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</tr>
<tr>
<td>Willing to come to speak or do workshops?</td>
<td>Perinatal Mood Disorders, ADHD, Domestic Violence</td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Name of Clinician:</th>
<th>Justine Soto</th>
<th>Name of Practice:</th>
<th>Therapy Hat</th>
</tr>
</thead>
<tbody>
<tr>
<td>Willing to see:</td>
<td>Students, Faculty or Employees</td>
<td>Address:</td>
<td>Virtual appointments only</td>
</tr>
<tr>
<td>Phone Number:</td>
<td>7327590364</td>
<td>Email Address:</td>
<td><a href="mailto:justine@thetherapyhat.com">justine@thetherapyhat.com</a></td>
</tr>
<tr>
<td>Insurance:</td>
<td>Oxford, Aetna BCBS</td>
<td>Pricing, If self-pay only:</td>
<td></td>
</tr>
<tr>
<td>Information about practice:</td>
<td>I work with individuals who are struggling with a life transition that may be causing increased anxiety or depressive symptoms. I spend time each session checking in on my clients progress, evaluating goals and developing action plans that each person feels comfortable with.</td>
<td></td>
<td></td>
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<tr>
<td>Willing to come to speak or do workshops?</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Name of Clinician:</th>
<th>Lizbeth Graffeo</th>
<th>Name of Practice:</th>
<th>Unmoored Counseling Collective, LLC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Willing to see:</td>
<td>Students, Faculty or Employees</td>
<td>Address:</td>
<td>101 N Pine Street Suite 210 Spartanburg SC</td>
</tr>
<tr>
<td>Phone Number:</td>
<td>8642103115</td>
<td>Email Address:</td>
<td><a href="mailto:Services@unmooredcounseling.com">Services@unmooredcounseling.com</a></td>
</tr>
<tr>
<td>Insurance:</td>
<td>Private- BCBS, Aetna, Cigna, United, Tricare and Medicaid</td>
<td>Pricing, If self-pay only:</td>
<td>145</td>
</tr>
<tr>
<td>Information about practice:</td>
<td>We specialize in treatment of trauma and trauma related disorders.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name of Clinician:</td>
<td>Marjorie Warren, MMFT, LMFT-A</td>
<td></td>
<td></td>
</tr>
<tr>
<td>-------------------</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Name of Practice:</td>
<td>MW Therapy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Willing to see:</td>
<td>Students, Faculty or Employees</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Address:</td>
<td>152 Magnolia St. Spartanburg SC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Phone Number:</td>
<td>8644735533</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Email Address:</td>
<td><a href="mailto:Mw@therapysecure.com">Mw@therapysecure.com</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Insurance:</td>
<td>No insurance accepted</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pricing, If self-pay only:</td>
<td>60</td>
<td></td>
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</tr>
</tbody>
</table>

Information about practice: I work collaboratively with both individuals, and couple systems (ages 18 - adulthood) on a variety of issues including sports performance related issues, anxiety, depression, work/school related stress, difficult life transitions, couples therapy, trauma, women issues, sex therapy just to name a few. You can visit psychology today or my website for more information.

Willing to come to speak or do workshops? PTSD, Complex PTSD, Dissociative Disorders like DID and most anything related to trauma.

<table>
<thead>
<tr>
<th>Name of Clinician:</th>
<th>Sara Hammond, LPC &amp; Dr. Jennifer Elkins, LPC-S</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Practice:</td>
<td>Palmetto Family Works LLC</td>
</tr>
<tr>
<td>Willing to see:</td>
<td>Students, Faculty or Employees</td>
</tr>
<tr>
<td>Address:</td>
<td>887 NE Main St, STE C , Simpsonville SC 29681</td>
</tr>
<tr>
<td>Phone Number:</td>
<td>8645386906</td>
</tr>
<tr>
<td>Email Address:</td>
<td><a href="mailto:info@palmettofamilyworks.com">info@palmettofamilyworks.com</a></td>
</tr>
<tr>
<td>Insurance:</td>
<td>SC Medicaid</td>
</tr>
<tr>
<td>Pricing, If self-pay only:</td>
<td>155</td>
</tr>
</tbody>
</table>

Information about practice: Multi specialty- Sara sees 10 years and up

Willing to come to speak or do workshops? Women's mental health, Sports/mental performance, stress management, self care, anxiety, depression, really open to talk about most anything that needs awareness. I would love to get involved.

<table>
<thead>
<tr>
<th>Name of Clinician:</th>
<th>Emily Sizemore, LPC-A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Practice:</td>
<td>Vive Center for Psychological Services Greenville</td>
</tr>
<tr>
<td>Willing to see:</td>
<td>Students, Faculty or Employees</td>
</tr>
<tr>
<td>Address:</td>
<td>127 W Antrim Dr. Greenville, SC 29607</td>
</tr>
<tr>
<td>Phone Number:</td>
<td>8642394110</td>
</tr>
<tr>
<td>Insurance:</td>
<td>Superbill provided</td>
</tr>
<tr>
<td>Pricing, If self-pay only:</td>
<td>125</td>
</tr>
</tbody>
</table>
**Information about practice:** I specialize in Anxiety, Depression, life transitions, and ADHD. I have several years experience working with college students at a college counseling center. (The pricing section would not let me elaborate. My rate is $125 for intakes and $110 per session afterwards).

**Willing to come to speak or do workshops?** ADHD

<table>
<thead>
<tr>
<th>Name of Clinician:</th>
<th>Mary-Catherine McClain Riner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Practice:</td>
<td>Mary-Catherine McClain Riner</td>
</tr>
<tr>
<td>Willing to see:</td>
<td>Students, Faculty or Employees</td>
</tr>
<tr>
<td>Address:</td>
<td>1990 Augusta Street, STE 1100, Greenville SC 29605</td>
</tr>
<tr>
<td>Phone Number:</td>
<td>8646080446</td>
</tr>
<tr>
<td>Email Address:</td>
<td><a href="mailto:drmarycatherine@rinercounseling.com">drmarycatherine@rinercounseling.com</a></td>
</tr>
<tr>
<td>Website:</td>
<td></td>
</tr>
<tr>
<td>Insurance:</td>
<td>Self Pay</td>
</tr>
<tr>
<td>Pricing, If self-pay only:</td>
<td>135</td>
</tr>
</tbody>
</table>

**Information about practice:** Focus on Eating Disorders, OCD, and Trauma History. Offer ADHD/LD testing as needed.

**Willing to come to speak or do workshops?** Self Care; Boundaries; Eating Disorders

<table>
<thead>
<tr>
<th>Name of Clinician:</th>
<th>Several</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Practice:</td>
<td>Modern Wellness Family Counseling</td>
</tr>
<tr>
<td>Willing to see:</td>
<td>Students, Faculty or Employees</td>
</tr>
<tr>
<td>Address:</td>
<td>945 East Main St STE 5 29302</td>
</tr>
<tr>
<td>Phone Number:</td>
<td>8643839002</td>
</tr>
<tr>
<td>Email Address:</td>
<td><a href="mailto:Admin@modernwellness.hush.com">Admin@modernwellness.hush.com</a></td>
</tr>
<tr>
<td>Website:</td>
<td></td>
</tr>
<tr>
<td>Insurance:</td>
<td>Blue cross, PAI, most medicads, in process for Aetna but not yet!</td>
</tr>
<tr>
<td>Pricing, If self-pay only:</td>
<td></td>
</tr>
</tbody>
</table>

**Information about practice:** Individual, couples and family therapy. We are a group practice with therapists specializing in different places over the life span.

**Willing to come to speak or do workshops?** Coping skills, communication in relationships, what is counseling

<table>
<thead>
<tr>
<th>Name of Clinician:</th>
<th>Christie Rogers-Larke</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Practice:</td>
<td>Outside of the Box Therapy</td>
</tr>
<tr>
<td>Willing to see:</td>
<td>Students, Faculty or Employees</td>
</tr>
<tr>
<td>Address:</td>
<td>(Will be moving in October so have to send you the new address- in Gaffney)</td>
</tr>
<tr>
<td>Phone Number:</td>
<td>8645979493</td>
</tr>
<tr>
<td>Email Address:</td>
<td><a href="mailto:Officemanager@outsideoftheboxtherapy.com">Officemanager@outsideoftheboxtherapy.com</a></td>
</tr>
<tr>
<td>Website:</td>
<td></td>
</tr>
<tr>
<td>Insurance:</td>
<td>All but Medicare</td>
</tr>
<tr>
<td>Pricing, If self-pay only:</td>
<td>90</td>
</tr>
</tbody>
</table>
Information about practice: We have several clinicians with different specialties - EMDR, CBT, Grief, DBT

Willing to come to speak or do workshops? ADHD, trauma, grief and coping

Name of Clinician: Jennifer Livingstone  
Name of Practice: True Alignment Counseling  
Willing to see: Students, Faculty or Employees  
Address: 4 Long Shoals Road, Ste B412, Arden NC 28704  
Phone Number: 8283389324  
Email Address: Jennifer@truealignmentcounseling.com  
Website:  
Insurance: Several NC and SC plans - BCBS, Aetna plans, Optum plans, see website for complete list  
Pricing, If self-pay only:  
Information about practice: I utilize IFS as a primary modality. I specialize in substance use, smoking cessation, depression, anxiety disorders, grief, and families impacted by addiction. I’m licensed in NC and SC and 100% Telehealth.  
Willing to come to speak or do workshops?

Name of Clinician: Lorraine Holeman  
Name of Practice: Summit Greenville  
Willing to see: Students, Faculty or Employees  
Address: 429 Roper Mountain Road, Suite 901, Greenville, SC 29609  
Phone Number: 8647782137  
Email Address: lorraINE@summitgvl.com  
Website:  
Insurance: Out of Network; Self-Pay  
Pricing, If self-pay only: 125  
Information about practice: Exhausted from the daily grind to keep up personally and professionally? You are here because your work life is unfulfilling and you’ve lost the meaning behind all that you accomplish every day for others. Perhaps you feel undervalued at work. Maybe you wonder if you are in the right profession for your strengths and abilities. It may be that you’ve put your own goals to the side as you tend to the immediate demands of your job and relationships. I see you and I hear you....Burnout is REAL and work stress makes life 100% harder. Landing here is your first step towards the total wellness you deserve  
My passion is helping others find joy in purpose in their work. An Army veteran and public educator, I understand and appreciate the demands of selfless service. Been there, done that! I counsel from a strength-based & solution-focused approach. We will improve your work-life wellness, freeing you to be your best self - both personally and professionally  
I counsel helping professionals, educators, and veterans seeking work-life wellness and relief from burnout. Whether we explore a completely new path or breathe life into your current vocation, I am here to help you accomplish your goals. I offer in-person and telehealth counseling with 24-7 online scheduling. Book today at www.counselingwithlorraine.com.
<table>
<thead>
<tr>
<th>Willing to come to speak or do workshops?</th>
<th>Professional Burnout; Self-Care; Career Counseling</th>
</tr>
</thead>
</table>

**Name of Clinician:** Shameka Argo, KeShonda Gaskin, Heather Jones  
**Name of Practice:** Points of Origin, LLC  
**Willing to see:** Students, Faculty or Employees  
**Address:** ***VIRTUAL*** 880 S. Pleasantburg Drive Ste 4F Greenville I, SC  
**Phone Number:** 8643458623  
**Email Address:** Hello@pointsoforigin.net  
**Website:**  
**Insurance:** Medicaid, BCBS, TriCare, Cigna, full list on website  
**Pricing, If self-pay only:**  
**Information about practice:**  
Points of Origin, LLC is a group practice and teaching agency that focuses on teaching clients how to address the stigma of expectation and gaining control of their personal narrative.  
**Willing to come to speak or do workshops?** The Power of Vulnerability & Openness; Connecting with the Spirit of Self; Understanding the Limitations of Labels & Expectations.

| **Name of Clinician:** Kerstin Blomquist, Ph.D.  
**Name of Practice:** Healing Waters Psychological Services  
**Willing to see:** Students, Faculty or Employees  
**Address:** ***VIRTUAL***  
**Phone Number:** 8643055990  
**Email Address:** drkerstinblomquist@gmail.com  
**Website:** [https://healingwaterspsy.wixsite.com/home](https://healingwaterspsy.wixsite.com/home)  
**Insurance:** None  
**Pricing, If self-pay only:** $250 for 90-minute initial intake, $200 for 45-minute follow-up  
**Information about practice:** My areas of specialization are disordered eating, body image concerns, binge eating disorder, depression, and anxiety. I engage in evidence-based practice and am trained in cognitive and behavioral therapies (CBT, ACT, DBT). I work with adults (18+ years of age). |