Wofford College Counseling Services
Off-Campus Referrals
2023/2024 Academic Year

While we love to serve our students’ mental health needs on campus, there are many times when students may need to seek care off-campus. Employees of the college may also benefit from having some information about services available in the community. Please use this list to help you identify some possible care partners. The following therapists have indicated that they would love to work with Wofford students and/or employees. Please take some time to check out their websites or Psychology Today profiles to learn more about them. Please feel free to contact Counseling Services if you have questions about the process of finding an off-campus therapist.

Spartanburg Area

Name of Clinician: Elena Fleming
Name of Practice: Elena Newman Counseling
Willing to see: Students, Faculty or Employees
Address: Spartanburg, SC 29307
Phone Number: 864-383-1676
Email Address: Elenanewmanfleming@gmail.com
Website: Elena Fleming, Marriage & Family Therapist, Spartanburg, SC, 29307 | Psychology Today
Insurance: BCBS, AETNA, United HealthCare
Pricing, If self-pay only: $120
Information about practice: “It it not the water around the ship that sinks the ship, it is the water inside the ship that sinks the ship.” Knowing this to be true, I effectively help my clients figure out what exactly is “sinking their ship” and provide techniques and strategies resolve it. My focus is on helping my clients with managing anxiety and depression, relationship issues, alcohol abuse, self-confidence and life adjustments. My approach is collaborative in combination with being direct when I see the benefit of challenging my clients’ thought or life patterns. Having experienced multiple life changes myself, including being a parent, and having lived in several countries, it has helped me to become sensitive and open-minded while working with my clients. I am looking forward to working with you!

Willing to come to speak or do workshops? Stress management, Substance Abuse

Name of Clinician: Lizbeth Graffeo
Name of Practice: Unmoored Counseling Collective, LLC
Willing to see: Students, Faculty or Employees
Address: 101 N Pine Street Suite 210 Spartanburg SC
Phone Number: 864-210-3115
Email Address: Services@unmooredcounseling.com
Website: Contact Unmoored — Unmoored Counseling Collective
Insurance: Private- BCBS, Aetna, Cigna, United, Tricare and Medicaid
Pricing, If self-pay only: $145
Information about practice: “We specialize in treatment of trauma and trauma related disorders.”
Willing to come to speak or do workshops? “PTSD, Complex PTSD, Dissociative Disorders like DID and most anything related to trauma.”

Name of Clinician: Marjorie Warren, MMFT, LMFT-A
Name of Practice: MW Therapy
Willing to see: Students, Faculty or Employees
Address: 152 Magnolia St. Spartanburg SC
Phone Number: 864-473-5533
Email Address: Mw@therapysecure.com
Website: Marjorie Warren - Licensed Marriage & Family Therapist (mwtherapy.net)
Insurance: No insurance accepted
Pricing, If self-pay only: $150
Information about practice: “I work collaboratively with both individuals, and couple systems (ages 18 - adulthood) on a variety of issues including sports performance related issues, anxiety, depression, work /school related stress, difficult life transitions, couples therapy, trauma, women issues, sex therapy just to name a few. You can visit psychology today or my website for more information.”
Willing to come to speak or do workshops? “Women's mental health, Sports /mental performance, stress management, self-care, anxiety, depression, really open to talk about most anything that needs awareness. I would love to get involved.”

Name of Practice: Modern Wellness Family Counseling
Willing to see: Students, Faculty or Employees
Address: 945 East Main St STE 5 29302
Phone Number: 864-383-9002
Email Address: Admin@modernwellness.hush.com
Website: Contact For Modern Wellness Family Counseling | Spartanburg, SC
Insurance: Blue cross, PAI, most Medicaid plans, in process for Aetna
Information about practice: “Individual, couples and family therapy. We are a group practice with therapists specializing in different places over the life span.”
**Willing to come to speak or do workshops?** Coping skills, communication in relationships, what is counseling

**Name of Practice:** Palmetto Family Enrichment Center  
**Willing to see:** Students, Faculty or Employees  
**Address:** 1330 Boiling Springs Road/ Boiling Springs, SC 29303  
**Phone Number:** 864-573-6908  
**Email Address:** melody@palmettofamily.com  
**Website:** Contact — Palmetto Family Enrichment Center, P.C.  
**Insurance:** None  
**Pricing, If self-pay only:** $2500 ($1000 due at scheduling)  
**Information about practice:** Provides assessments for ADHD and/or Learning Disabilities.

**Name of Clinician:** Amy Straight  
**Name of Practice:** Good Life Counseling  
**Willing to see:** Students, Faculty or Employees  
**Address:** 269 S. Church Street/ Spartanburg, SC 29306  
**Phone Number:** 864-671-4835/ 864-399-7312  
**Email Address:**  
**Website:** https://portal.owlpractice.com/goodlife  
**Insurance:** Yes  
**Pricing, If self-pay:** Sliding Scale  
**Information about practice:** Works with children and adults. Specializes in DV, SA, and Trauma.

**Name of Clinician:** Emerge Family Therapy Center  
**Name of Practice:** Emerge Family Therapy Center  
**Willing to see:** Students, Faculty or Employees  
**Address:** 138 Dillion Drive/Spartanburg, SC/ 29307  
**Phone Number:** 864-583-1010  
**Email Address:**  
**Website:** https://portal.owlpractice.com/goodlife  
**Insurance:** No  
**Pricing, If self-pay:** Sliding Scale  
**Information about practice:** Provides Family Counseling, Relationship Counseling, as well as Individual Counseling for adults and children
Name of Clinician: Magnolia Counseling Associates
Name of Practice: Magnolia Counseling Associates
Willing to see: Students, Faculty or Employees
Address: 811 East Main Street/ Spartanburg, SC 29302
Phone Number: 864-583-5969
Email Address:
Website: https://www.magnoliacounseling.net/
Insurance:
Pricing, If self-pay only
Information about practice: Provides treatment related to stress, depression, anxiety, relationship issues, self esteem, ADHD, etc...

Greenville Area
Name of Clinician: Gabrielle Moss, LPC
Name of Practice: Take Root Counseling LLC
Willing to see: Students, Faculty or Employees
Address: 880 S Pleasantburg Drive Suite 4F Greenville Sc 29607
Phone Number: 864-383-8455
Email: gabrielle@takerootgvl.org
Website: https://www.psychologytoday.com/us/therapists/gabrielle-a-moss-greenville-sc/832993
Insurance: BCBS
Pricing, if self-pay only: $115
Information about practice: “I provide in person and telehealth sessions! I do have some evening appointments and early Friday availability as well. I enjoy working with college aged students and adults struggling with anxiety, substance use and processing major life transitions (i.e. moving, divorce, change in career)”
Willing to come to speak or do workshops? Yes. Self-Care, Anxiety, Substance Use

Name of Clinician: Tate Strange
Name of Practice: Greenville Counseling Associates
Willing to see: Students, Faculty or Employees
Address: 301 Anderson Rd. Greenville, SC 29601
Phone Number: 864-877-7025
Email Address: Tstrange@greenvillecounseling.com
Website: https://www.greenvillecounseling.com/tate-strange
Insurance: Self Pay but can provide superbill for possible reimbursement
Pricing, if self-pay only: $110
Information about practice: “I primarily work with adolescents to young adults experiencing
anxiety, depression, phase of life, family, and relationship issues. I spent a year working at Clemson's counseling center on campus and often work within that age range.”

Name of Clinician: Audrey Connell  
Name of Practice: Nutritional & Psychological Wellness, LLC  
Willing to see: Students, Faculty or Employees  
Address: 420 The Parkway Suite K Greer, SC 29650  
Phone Number: 864-735-0842  
Email Address: Audrey.Connellcounseling@gmail.com  
Website: https://www.nutritionalandpsychologicalwellnessllc.com/  
Insurance: BCBS, CIGNA  
Pricing, If self-pay only: Initial Assessment ($175), Follow Up Sessions ($125)  
Information about practice: “I am a Licensed Professional Counselor and Certified Holistic Nutritionist. I combine these services when appropriate and see clients for one or the other. I primarily work with eating disorders/disordered eating patterns as a result of complex PTSD, acute stress, etc. See website for more info!”

Name of Clinician: Hope Wood  
Name of Practice: Hope Wood Counseling LLC  
Willing to see: Students, Faculty or Employees  
Address: 917 W. Poinsett St., Greer, SC 29650  
Phone Number: 864-428-9271  
Email Address: hopewoodcounseling@protonmail.com  
Insurance: Self pay but can provide superbills for possible reimbursement  
Pricing, if self-pay only: $130  
Information about practice: Grief & Religious Trauma, LGBTQ+ affirming

Name of Clinician: Molly Dalva, LPC  
Name of Practice: Resilience Healing Space, LLC  
Willing to see: Students, Faculty or Employees  
Address: 880 S. Pleasantburg Drive, Greenville, SC, 29607  
Phone Number: 843-375-6307  
Email Address: molly@resiliencehealingspace.org  
Website: https://sites.google.com/resiliencehealingspace.org/mollydalvalpc/home  
Insurance: BCBS  
Pricing, If self-pay only: $115  
Information about practice: Complex and Developmental Trauma, Somatic and Attachment
Focused EMDR, Sexual Exploitation, trafficking/sexual abuse/assault

**Willing to come to speak or do workshops?** Yes. Sexual Exploitation and Trafficking

**Name of Clinician:** Erin Kelley, M.A., LMF  
**Name of Practice:** Erin Kelley Counseling  
**Willing to see:** Students, Faculty or Employees  
**Address:** 3505 Pelham Rd Ste B-1  
Greenville, SC 29615  
**Phone Number:** 864-788-1210  
**Email Address:** Erinkelleycounseling@gmail.com  
**Website:** [https://www.erinkelleycounseling.com/](https://www.erinkelleycounseling.com/)  
**Insurance:** Self pay but can provide paperwork for possible reimbursement  
**Pricing, if self-pay only:** $125  
**Information about practice:** Grief Counseling and Divorce Recovery are the sole focuses of my practice. I serve adults in person with a compassionate and gentle approach. My clients have experienced loss of many kinds, traumatic or out-of-order death, or are learning to rebuild after a divorce.

**Name of Clinician:** Ari Livanos  
**Name of Practice:** Pettigru Counseling  
**Willing to see:** Students, Faculty or Employees  
**Address:** 405 Pettigru Street Greenville SC  
**Phone Number:** 8642713549  
**Email Address:** Arilivanos@pettigru.com  
**Website:** [https://pettigrucounseling.com/therapists/](https://pettigrucounseling.com/therapists/)  
**Insurance:** Take most insurances. Can self-file with your insurance company if needed  
**Pricing, if self-pay only:** Initial Assessment ($175), Follow Up Sessions ($135)  
**Information about practice:** Anxiety, depression, life transitions, stress, trauma, ASD. Can provide sliding scale.

**Name of Clinician:** Lesley Pena  
**Name of Practice:** Thriveworks  
**Willing to see:** Students, Faculty or Employees  
**Address:** 68 Pointe Cir Suite 3201, Greenville, SC 29615  
**Phone Number:** 843-729-1088  
**Email Address:** Lesleyp@thriveworks.com  
**Website:** [https://thriveworks.com/therapist/sc/lesley-pena](https://thriveworks.com/therapist/sc/lesley-pena)  
**Insurance:** Aetna, Cigna, United Health
**Pricing, if self-pay only:** Initial Assessment ($200), Follow Up Sessions ($170)

**Information about practice:** Depression, PTSD, GAD, Autism

**Name of Clinician:** Walter Howard  
**Name of Practice:** Greenville Counseling Associates  
**Willing to see:** Students, Faculty or Employees  
**Address:** 301 Anderson Street/ Greenville, SC 29601  
**Phone Number:** 864-877-7025  
**Email Address:** intake@greenvillecounseling.com  
**Website:** https://www.greenvillecounseling.com/  
**Insurance:** Takes most insurances

**Pricing, if self-pay only:** Initial Assessment ($135), Follow Up Sessions ($110)

**Information about practice:** “Worked w/ college students for last 20 years. Focus on anxiety, depression, adjustment, relationship issues, marital counseling, general stress. Can integrate faith into therapy if desired.”

**Willing to come to speak or do workshops?** Yes. Anxiety, Depression

**Name of Clinician:** Jennifer Kittredge  
**Name of Practice:** Vive Greenville  
**Willing to see:** Students, Faculty or Employees  
**Address:** 127 W Antrim Drive, Greenville SC 29607  
**Phone Number:** 864-689-3371  
**Website:** https://vivepsych.com/who-we-are/our-team/jennifer-kittredge-lmft-a/  
**Insurance:** Self Pay but can provide superbill for possible reimbursement  
**Pricing, if self-pay only:** $130

**Information about practice:** I have lots of experience working with trauma, relationship issues, and significant life transitions. I also enjoy working with people struggling with depression, anxiety, low self-esteem, and setting healthy boundaries. As a practice, Vive offers a wide range of specialties with our clinicians, including OCD, anxiety, depression, eating disorders and trauma.

**Name of Clinician:** Michele Balderson  
**Name of Practice:** Michele Balderson Psychotherapy  
**Willing to see:** Students, Faculty or Employees  
**Address:** 9 Toy St Greenville SC 29605  
**Phone Number:** 864-581-3342  
**Email Address:** michelebalderson@therapysecure.com  
**Website:** Michele Balderson, Clinical Social Work-Therapist, Greenville, SC, 29601 | Psychology
Today

Insurance: Aetna Cigna

Pricing, if self-pay only: $125

Information about practice: Anxiety and depression life transition young adults/adults college, graduate and professional schools. Perfectionism and relationship concerns. LGBTQ+ affirming.

Name of Clinician: Alexandra Tomlin
Name of Practice: Revive & Renew Counseling
Willing to see: Students, Faculty or Employees
Address: 1990 Augusta St, Suite 800, Greenville, SC 29605
Phone Number: 864-660-3453
Email Address: atomlin@reviverenewcounseling.com
Website: Contact | Revive & Renew Counseling (reviverenewcounseling.com)
Insurance: None
Pricing, if self-pay only: 100

Information about practice: “I specialize in working with young adult women going through transitions, or struggling with anxiety, depression, relationships, grief, or break ups. I also work with mothers that may be struggling with post partum depression/anxiety.”

Willing to come to speak or do workshops?

Name of Clinician: Lisa Rivers
Name of Practice: Lisa Rivers Counseling Services LLC
Willing to see: Students, Faculty or Employees
Address: 429 Roper Mountain Road Suite 901 Greenville SC 29615
Phone Number: 864-633-2987
Email Address: lisarivers@counselingmail.com
Website: Greenville Couples Therapy, Greenville SC (clientsecure.me)
Insurance: Self pay only
Pricing, If self-pay only: $125-$150

Information about practice: “I specialize in therapy for high performers managing stress and anxiety while balancing success, relationships, health, and fulfillment.

Name of Clinician: Alicia Pace
Name of Practice: Alicia Pace Psychotherapy, LLC
Willing to see: Students, Faculty or Employees
Address: 4006 East North Street/ Greenville, SC 29615
Phone Number: 979-493-5076
Email Address: alicia@aliciapace.com
Website: Alicia Pace Psychotherapy LISW-CP, LCSW, Clinical Social Work/Therapist, Greenville, SC, 29615 | Psychology Today
Insurance: None, can provide super bill
Pricing, If self-pay only: $140
Information about practice: “I work with adults navigating trauma in many forms. I use Polyvagal Theory and parts work to address trauma at the root. I work with anxiety, depression, neurodivergence, and HSP’s. I am LGBTQ aligned and experienced. I also have experience working with addictions.”

Name of Clinician: Allison Peasley
Name of Practice: Summit Greenville - Allison Peasley Counseling, LLC
Willing to see: Students, Faculty or Employees
Address: 429 Roper Mountain Rd., Suite 901, Greenville, SC 29615
Phone Number: 864-475-64816
Email Address: allison@summitgvl.com
Website: Allison Peasley - Summit Greenville (summitgvl.com)
Insurance: None - self-pay
Pricing, If self-pay only: $100
Information about practice: “I see teens, young adults, and adults focusing on anxiety, stress, perfectionism, and trauma. I utilize CBT, mindfulness, and reality therapy to have a holistic approach on treating overall wellness. I am warm, empathetic, and no judgmental while healthily challenging clients to meet their counseling goals. I strongly believe in helping all clients identify their authentic self and then make healthy choices to meet their needs.”
Willing to come to speak or do workshops? Perfectionism/Stress

Name of Clinician: Amanda Conner, MMFT, LMFT
Name of Practice: Amanda Conner Counseling, LLC (located at Eastside Family Therapy Associates)
Willing to see: Students, Faculty or Employees
Address: 28 Parkway Commons Way Greer, SC 29650
Phone Number: 828-919-1158
Email Address: aconner@counseling@att.net
Website: Eastside Family Therapy Associates - Home
Insurance: None
Pricing, If self-pay only: $60
Information about practice: Individual, couples, family counseling with a variety of presenting issues. My specialty is forgiveness therapy—addressed with or without a Christian lens. I am certified in Prepare-Enrich (a premarital program).
Name of Clinician: Caitlin Segriff, Brittany Nelson (sees up to approximately 30 y/o), or Alyson Krahl
Name of Practice: LivingRite, The Center for Behavioral Health
Willing to see: Students, Faculty or Employees
Address: 503 S. Main St. Mauldin, SC 29662
Phone Number: 779-777-7335
Email Address: Contact.us@livingrite.org
Website: LivingRite Greenville Mental Health Services – LivingRite
Insurance: Aetna, Cigna, and BCBS (in network)
Pricing, If self-pay only: $120
Information about practice: “LivingRite has a number of specialty teams, so we’re able to provide exceptional care because our therapists are experts at what they do. Please see our website for specific details, especially as we continue to grow and add new clinicians. We also verify insurance benefits prior to the first appointment and handle all of the insurance billing to reduce barriers for our clients, unlike many local practices who do not accept insurance or provide a superbill and have the clients coordinate with their insurance carrier themselves.”

Willing to come to speak or do workshops? “We would love to! We can tailor our talks to your specific needs, or provide more generic presentations on things like depression, anxiety, suicidality/non-suicidal self injury, and effective communication.”

Name of Clinician: Myra Moreira
Name of Practice: Moreira psychotherapy
Willing to see: Students, Faculty or Employees
Address: Park Avenue/Greenville SC
Phone Number: 803-325-5858
Email Address: Moreirapsychotherapy@gmail.com
Website: Moreira Psychotherapy
Insurance: Self pay
Pricing, If self-pay only: $175- Assessment, $125- Follow up sessions (individuals), $175- Follow up sessions (couples)
Information about practice: Eating disorder and trauma

Name of Clinician: Sara Hammond, LPC & Dr. Jennifer Elkins, LPC-S
Name of Practice: Palmetto Family Works LLC
Willing to see: Students, Faculty or Employees
Address: 887 NE Main St, STE C , Simpsonville SC 29681
Phone Number: 864-538-6906
Email Address: info@palmettofamilyworks.com
Website: Counseling for Children, Adults, & Families | South Carolina (palmettofamilyworks.com)
Insurance: SC Medicaid
Pricing, If self-pay only: $155
Information about practice: Multi specialty- Sara sees 10 years and up

Name of Clinician: Emily Sizemore, LPC-A
Name of Practice: Vive Center for Psychological Services Greenville
Willing to see: Students, Faculty or Employees
Address: 127 W Antrim Dr. Greenville, SC 29607
Phone Number: 864-428-9872
Website: Contact Us | Vive Psych
Insurance: Superbill provided
Pricing, If self-pay only: $125
Information about practice: “I specialize in Anxiety, Depression, life transitions, and ADHD. I have several years experience working with college students at a college counseling center. (The pricing section would not let me elaborate. My rate is $125 for intakes and $110 per session afterwards).”
Willing to come to speak or do workshops? ADHD

Name of Clinician: Mary-Catherine McClain Riner
Name of Practice: Riner Counseling LLC
Willing to see: Students, Faculty or Employees
Address: 1990 Augusta Street, STE 1100, Greenville SC 29605
Phone Number: 864-608-0446
Email Address: drmarycatherine@rinercounseling.com
Website: Counseling and Therapy | Psychologist | Greenville, SC 29605 (rinercounseling.com)
Insurance: Self Pay
Pricing, If self-pay only: $135
Information about practice: Focus on Eating Disorders, OCD, and Trauma History. Offer ADHD/LD testing as needed
Willing to come to speak or do workshops? Self Care; Boundaries; Eating Disorders

Name of Clinician: Lorraine Holeman
Name of Practice: Summit Greenville
Willing to see: Students, Faculty or Employees
Address: 429 Roper Mountain Road, Suite 901, Greenville, SC 29609
Information about practice: “Exhausted from the daily grind to keep up personally and professionally? You are here because your work life is unfulfilling and you’ve lost the meaning behind all that you accomplish every day for others. Perhaps you feel undervalued at work. Maybe you wonder if you are in the right profession for your strengths and abilities. It may be that you’ve put your own goals to the side as you tend to the immediate demands of your job and relationships. I see you and I hear you....Burnout is REAL and work stress makes life 100% harder. Landing here is your first step towards the total wellness you deserve
My passion is helping others find joy in purpose in their work. An Army veteran and public educator, I understand and appreciate the demands of selfless service. Been there, done that! I counsel from a strength-based & solution-focused approach. We will improve your work-life wellness, freeing you to be your best self - both personally and professionally
I counsel helping professionals, educators, and veterans seeking work-life wellness and relief from burnout. Whether we explore a completely new path or breathe life into your current vocation, I am here to help you accomplish your goals. I offer in-person and telehealth counseling with 24-7 online scheduling. Book today at www.counselingwithlorraine.com.”

Willing to come to speak or do workshops? Professional Burnout; Self-Care; Career Counseling

Virtual/Telehealth Options

Name of Clinician: Yamilette Diaz, MA, LMFT
Name of Practice: Oasis Counseling Associates
Willing to see: Students, Faculty or Employees
Address: Virtual Therapy Services
Phone Number: 864-772-6459
Email Address: yamidiaz@therapysecure.com
Website: https://www.oasiscounselingassociates.com/
Insurance: None
Pricing, if self-pay only: $115
Information about practice: “My name is Yamilette Diaz, I am originally from Puerto Rico, and I am a bilingual therapist. I am a Licensed Marriage and Family Therapist in the state of South Carolina that offers therapy services via telehealth (virtual only). I believe that taking care of your mental health can look different depending on your life circumstances. I help people with diverse backgrounds that are dealing with life transitions, experienced trauma, or are dealing with other issues (for example anxiety, depression, domestic abuse, sexual abuse, parenting, and family functioning, self-esteem, stress, etc.), and want to be their best selves and live
fulfilling lives. When working with me, I will take into consideration how your overall well-being is affected by your emotional, social, physical, and spiritual condition. Usually, a free-15 minutes consultation can be scheduled to help you determine if I am the right therapist for you.”

Name of Clinician: Jennifer Vasquez  
Name of Practice: Oasis Counseling Associates  
Willing to see: Students, Faculty or Employees  
Address: Virtual/Online Therapy  
Phone Number: 864-514-4309  
Email Address: jennifer@oasiscounseling.hush.com  
Website: Oasis Counseling Associates  
Insurance: None  
Pricing, If self-pay only: $95  
Information about practice: Trauma, sexual assault, domestic violence, depression, anxiety, acculturation issues, low self-esteem.  
Willing to come to speak or do workshops? Healthy Relationships and Boundaries

Name of Clinician: Candace A. Champagne  
Name of Practice: Champagne Counseling  
Willing to see: Students, Faculty or Employees  
Address: Telehealth in SC, NC, MI  
Phone Number: 1-989-992-1658  
Email Address: candace@champagnecounseling.com  
Website: Champagne Counseling | 20 years of professional therapy experience  
Insurance: Not at this time  
Pricing, If self-pay only: $150  
Information about practice: “I offer 60 to 90 minute individual, couple and family sessions specializing in impulse control, addiction, grief and loss, domestic abusers, anger management, and mood disorders. I am a seasoned therapist with more than 20 years of experience and hold the following credentials: LISW-PC, LMSW, LCSW, LCAS, MAC, CAADC.”  
Willing to come to speak or do workshops? Addiction, Grief and Loss, Domestic Abuse

Name of Clinician: Jessica Loving  
Name of Practice: Jessica Loving Counseling, LLC  
Willing to see: Students, Faculty or Employees  
Address: (Currently virtual only)  
Phone Number: 864-706-6832
Email Address: Jessica Lovingmft@gmail.com  
Insurance: BCBS, Cigna, United Health, Aetna, Medcost  
Information about practice: “I’m currently seeing clients for virtual appointments. My focus is on anxiety, depression, trauma, OCD, domestic violence, life transitions. I also have additional training in DBT, mindfulness, and yoga.”

Name of Clinician: Sarah Goldman  
Name of Practice: Mindful Hearts Therapy  
Willing to see: Students, Faculty or Employees  
Address: Telehealth Only  
Phone Number: 828-817-8909  
Email Address: mindfulhearts@hushmail.com  
Website: Mental Health | Mindful Hearts Therapy  
Insurance: N/A  
Pricing, If self-pay only: $120  
Information about practice: Specializing in women's issues to include perinatal mood disorders as well as anxiety, depression, adjustment disorders, mood disorders, ADHD, chronic illnesses, domestic violence/ intimate partner violence, attachment disorders, crisis/trauma, and grief.  
Willing to come to speak or do workshops? Perinatal Mood Disorders, ADHD, Domestic Violence

Name of Clinician: Justine Soto  
Name of Practice: Therapy Hat  
Willing to see: Students, Faculty or Employees  
Address: Virtual appointments only  
Phone Number: 732-759-0364  
Email Address: justine@thetherapyhat.com  
Insurance: Oxford, Aetna BCBS  
Pricing, If self-pay only: $135  
Information about practice: “I work with individuals who are struggling with a life transition that may be causing increased anxiety or depressive symptoms. I spend time each session checking in on my clients progress, evaluating goals and developing action plans that each person feels comfortable with.”

Name of Clinician: Shameka Argo, KeShonda Gaskin, Heather Jones  
Name of Practice: Points of Origin, LLC  
Willing to see: Students, Faculty or Employees  
Address: ***VIRTUAL*** 880 S. Pleasantburg Drive Ste 4F Greenville, SC
Information about practice: “Points of Origin, LLC is a group practice and teaching agency that focuses on teaching clients how to address the stigma of expectation and gaining control of their personal narrative.”

**Willing to come to speak or do workshops?** The Power of Vulnerability & Openness; Connecting with the Spirit of Self; Understanding the Limitations of Labels & Expectations.

**Name of Clinician:** Kerstin Blomquist, Ph.D.
**Name of Practice:** Healing Waters Psychological Services
**Willing to see:** Students, Faculty or Employees
**Address:** ***VIRTUAL***
**Phone Number:** 864-305-5990
**Email Address:** drkerstinblomquist@gmail.com
**Website:** https://healingwaterspsy.wixsite.com/home
**Insurance:** None
**Pricing, If self-pay only:** $250 for 90-minute initial intake, $200 for 45-minute follow-up

**Information about practice:** “My areas of specialization are disordered eating, body image concerns, binge eating disorder, depression, and anxiety. I engage in evidence-based practice and am trained in cognitive and behavioral therapies (CBT, ACT, DBT). I work with adults (18+ years of age).”

**Name of Clinician:** Liza Williams
**Name of Practice:** Balance Health Consulting
**Willing to see:** Students, Faculty or Employees
**Address:** Greenville, SC
**Phone Number:** 470-480-3665
**Email Address:** liza@balancehealthconsulting.com
**Website:** https://balancehealthconsulting.com/
**Insurance:** No insurance. Offers sliding scale slots. Can provide superbill
**Pricing, If self pay:** $235 for initial assessment and $180 for 60 minute follow up
**Information about practice:** “I am an eating disorder registered dietitian in Greenville, SC. I am licensed in both SC and GA and have years of experience working with college aged individuals around eating disorders and disordered eating.”