

2019-20 INTRAMURALS, RECREATION & CLUB SPORTS

DIRECTOR: Coach Steve Traylor [traylorse@wofford.edu]

WEBSITE: wofford.edu/recreation

OFFICE: Campus Life Bldg., 2ND Floor, Office #5 [864-597-4069]

INTRAMURAL TEAM SPORTS LEAGUES:

1. TERRIER TAG [FLAG FOOTBALL] – FALL
2. SOCCER – FALL
3. DODGEBALL – INTERIM
4. BASKETBALL – SPRING
5. SOFTBALL - SPRING
6. BEACH VOLLEYBALL [Sundays after Spring Break]

INTRAMURAL “AYC” INDIVIDUAL SPORT LEAGUES:

1. TENNIS/RACQUETBALL/DISC GOLF/BILLIARDS/PING-PONG

RECREATION EXERCISE CLASSES:

1. AB-LAB
2. ZUMBA
3. BALLET CORE
4. CARDIO DANCE BLAST
5. YOGA
6. PILATES

7. High-Intensity Interval Training

8. AFROBEAT
9. BOOT CAMP
10. BUNS OF STEEL
11. TAE KWON DO

RECREATION DISC GOLF COURSE [across from Gibbs Stadium]:

1. FREE DISCS AVAILABLE IN BENJO EQUIPMENT CHECK-OUT BIN [Discs gifted by Campus Union]
2. OCCASIONAL TOURNEYS WITH PRIZES AWARDED

BENJO RECREATION CENTER [Open 6am-midnight daily] / REC FACILITIES / REC CLUBS:

1. BENJO “FITNESS CENTERS”: “Cardio” West Concourse / “Strength” East Concourse
2. BENJO “ARENA”: 3 FULL COURTS [Basketball, Volleyball, Badminton, Tennis, Walking Track]
3. SENIOR VILLAGE: BEACH VOLLEYBALL COURT & OUTDOOR BASKETBALL COURT
4. TENNIS COURTS: REEVES TENNIS CENTER & BENJO RECREATION CENTER
5. INTRAMURAL FIELD: Lined for terrier tag, men’s lax, women’s lax, mini & regular soccer, softball
6. OUTDOORS CLUB Alex Banks rizzobankssr@email.wofford.edu
7. FLY-FISHING CLUB Grant Melton meltoncg@email.wofford.edu
8. TAE KWON DO CLUB Jenny Overman overmanja@email.wofford.edu

CHARTERED SPORTS CLUBS:

1. MEN LACROSSE CLUB Charlie Marshall cmarshall@pmgco.com
2. WOMEN VOLLEYBALL CLUB Delaney Walden waldendn@email.wofford.edu
3. SOCCER CLUB Jack Dextraze dextrazetj@email.wofford.edu
4. EQUESTRIAN CLUB Meghan Daniel danielmc@email.wofford.edu
5. DISC GOLF CLUB Andrew Bach bachac@email.wofford.edu
6. GOLF CLUB Matthew Newton newtonml@email.wofford.edu
7. BASEBALL CLUB Ryan Fowler fowlerrt@email.wofford.edu
8. TENNIS CLUB Megan Leonard leonardmn@email.wofford.edu
9. TRIATHLON CLUB Ashley Golbus golbusal@email.wofford.edu
10. MEN RUGBY CLUB Henry Atkins atkinshe@email.wofford.edu
11. SWIM CLUB Walker Harwell harwellwb@email.wofford.edu