While we love to serve our students’ mental health needs on campus, there are many times when students may need to seek care off-campus. Employees of the college may also benefit from having some information about services available in the community. Please use this list to help you identify some possible care partners.

The following therapists have indicated that they would love to work with Wofford students and/or employees. Please take some time to check out their websites or Psychology Today profiles to learn more about them. Please feel free to contact Counseling Services if you have questions about the process of finding an off-campus therapist.

** indicates this provider is a Wofford College alumna/alumnus

** Greenville Area **

** Practice Name: ** Carolina Counseling Partners  
** Clinician Name: ** Julie Griffin  
** Phone: ** 864-593-0007  
** Email: ** julie@carolinacounselingpartners.com  
** Website: ** www.carolinacounselingpartners.com  
** Area of Specialty: ** Mood disorders, sexual trauma, childhood trauma. Modalities - CBT, ART, and EFT  
** Insurance: ** Not accepted, Self-pay rate $135  
** Address: ** 3150 South Highway 14, Greenville SC 29615  
** Willing to see: ** Students, Faculty or Employees

** Practice Name: ** Heritage Institute  
** Clinician Name: ** Susan Tankersley & Others  
** Phone: ** 864-607-2369  
** Email: ** scheduler.stft@outlook.com  
** Website: ** www.heritageinstitute.org  
** Area of Specialty: ** We are a group practice with many specializations.  
** Insurance: ** Not accepted, Self-pay rate $50  
** Address: ** 306B Poinsett St, Greer, SC 29650  
** Willing to see: ** Students, Faculty or Employees

** Practice Name: ** Evolve Psychotherapy
Clinician Name: Janelle Ienhoff  
Phone: 817-938-7122  
Email: janelle@evolvepsychotherapy.net  
Website: https://www.evolvepsychotherapy.net  
Area of Specialty: Eating disorders, disordered eating, body image  
Address: 11 North Irvine Street, Suite 10, Greenville, SC 29602  
Willing to see: Students, Faculty or Employees

Practice Name: Solid Foundation Counseling Services  
Clinician Name: Ivan Quan  
Phone: 864-633-2881  
Email: lr.quan@icloud.com  
Website: http://solidfoundationcounseling.com  
Area of Specialty: Veteran owned private practice. I specialize in working with clients who have a history of trauma, PTSD, depressive or anxiety symptoms, addictive disorders, anger management and offenders of domestic violence. I also have extensive experience working with the military community, both active duty and veterans.  
Insurance: Self-pay $65  
Address: 221 Adley Way, Greenville SC 29607  
Willing to see: Students, Faculty or Employees

Practice Name: Fulmer Family Therapy, LLC  
Clinician Name: Sherry Kay Fulmer  
Phone: 864-663-2364  
Email: sk@fulmerfamilytherapy.com  
Area of Specialty: I am an LMFT-A trained in working with family systems. I work with individuals and families, as well as children and adolescents. I have experience working with anxiety, depression, anger, grief, self-esteem, phase of life issues, trauma, suicidal ideation, behavior problems. I have extra training in play therapy, and like to incorporate play, creativity, and more experiential approaches to therapy with teens and adults as well.  
Insurance: Self Pay Rate $75  
Address: 880 S. Pleasantburg Drive Suite 4F Greenville SC 29607  
Willing to see: Students, Faculty or Employees

Practice Name: Modern Wellness Family Counseling  
Clinician Name: Ross Hill  
Phone: 864-383-9002  
Email: ross.hill@modernwellnessfc.com
Website: https://modernwellnessfamilycounseling.com

Area of Specialty: I work with a variety of issues but specialize in addiction, couples, and men's issues. I also have a lot of experience working with anxiety, depression, and OCD. I work with adults and older adolescents.

Insurance: I accept BCBS, Medicaid, and self-pay clients. We have some spots available for reduced fee clients.

Address: 945 E Main St Ste 5 Spartanburg, SC 29302

Willing to see: Students, Faculty or Employees

Practice Name: Modern Wellness Family Counseling
Clinician Name: Kelly Kennedy, Shelby Albright, Ross Hill, Danielle Burton, Caroline Mittman, Emilie Ford
Phone: 864-383-9002
Email: admin@modernwellness.hush.com
Website: https://modernwellnessfamilycounseling.com

Area of Specialty: Therapist specializing in individual, couples, and family counseling; licensed addictions counselor; LGBTQ friendly; diversity training; medical issues; postpartum depression; EMDR; trauma focused CBT; play therapy

Address: 945 E Main St Ste 5
Spartanburg, SC 29302

Willing to see: Students, Faculty or Employees

Practice Name: Modern Wellness
Clinician Name: Emilie Ford
Email: emilie.ford@modernwellnessfc.com

Area of Specialty: I'm an LMFT-A and currently accept Medicaid and self-pay. I specialize in trauma, self-esteem, anxiety/OCD, highly sensitive individuals, and couples therapy, and I am trained in EMDR.

Willing to see: Students, Faculty or Employees

Practice Name: Harvest Family Therapy, LLC
Clinician Name: Trilby Yonkovitz, LMFT-A
Phone: 864-952-1336
Email: trilbyyonkovitz@harvestfamilytherapy.com
Website: https://www.upliftingupstate.com

Area of Specialty: Children, adolescents, young adults, and parents dealing with behavioral concerns or phase of life transitions.

Insurance: 75

Address: 880 South Pleasantburg Drive, Suite 4F Greenville, SC 29607

Willing to see: Students, Faculty or Employees
**Practice Name:** Trailside Counseling  
**Clinician Name:** Courtney Eidson, LISW-CP  
**Phone:** 864-610-0203  
**Email:** Courtney@trailsidecounseling.com  
**Area of Specialty:** I have over 20 years of experience working with children, adults, and families. My specialties include Autism Spectrum Disorder, Anxiety Disorders, Attention Deficit Hyperactivity Disorder, Depression, Personality Disorders and behavioral challenges. I provide individual and family counseling as well as parent support and coaching. My goal is to empower clients and provide guidance through their journey.  
**Insurance:** 75  
**Address:** 128 S. Main St., Suite 212, Travelers Rest, SC 29690  
**Willing to see:** Students, Faculty or Employees

**Practice Name:** New Leaf Therapy, LLC  
**Clinician Name:** Christina Morrison  
**Phone:** 864-350-7953  
**Email:** christina@newleaftherapysc.com  
**Website:** [https://www.newleaftherapysc.com](https://www.newleaftherapysc.com)  
**Area of Specialty:** Adolescents 12+ and Adults, Anxiety, Depression, Self-Harm  
**Insurance:** 120  
**Address:** 72 Parkway Commons Way, Greer, SC 29650  
**Willing to see:** Students, Faculty or Employees

**Practice Name:** Clarity Counseling, LLC  
**Clinician Name:** Chrystal Anderson, LPC  
**Phone:** 864-453-1718  
**Email:** office@claritycllc.com  
**Website:** [https://www.claritycllc.com/](https://www.claritycllc.com/)  
**Area of Specialty:** Clarity is a small practice led by Chrystal Anderson, LPC. Chrystal specializes in trauma related conditions including those as a result of interpersonal violence and sexual assault. Other clinicians at Clarity also have significant experience working with trauma. Other specialties include anxiety, depression, and relationship concerns.  
**Insurance:** 120  
**Address:** 300 John Street, Suite 1A, Greer, SC 29651  
**Willing to see:** Students, Faculty or Employees

**Practice Name:** Wellspring Counseling  
**Clinician Name:** Jonathan Kittel, LPC, LMFT
Phone: 864-214-2084  
Email: info@wellspringgreenville.com  
Website: https://wellspringgreenville.com/  
Area of Specialty: Wellspring Counseling has 5 counselors: 3 male and 2 female, ranging in price from $65 (interns) to $125. We work primarily with teenagers, young adults, and adults experiencing anxiety, depression, anger, and difficult life transitions. We offer telehealth options and in-person sessions. We are out of network for insurance but do accept most HSA and FSA cards and provide statements that people can submit to their insurance companies for out of network reimbursement as well.  
Address: 152 Milestone Way Suite B Greenville, SC 29615  
Willing to see: Students, Faculty or Employees

Practice Name: AB Counseling  
Clinician Name: Alexandra Beavers  
Phone: 864-660-3525  
Email: alexBcounseling@gmail.com  
Website: https://www.psychologytoday.com/us/therapists/alexandra-beavers-greenville-sc/383155  
Area of Specialty: Anxiety, depression, trauma, change of life stressors, and behavioral difficulties in children. Work with ages 6+ and utilize Cognitive Behavioral Therapy, EMDR, Trauma Focused CBT, Acceptance and Commitment Therapy  
Insurance: 115  
Address: 880 South Pleasantburg Drive, Greenville, SC 29607  
Willing to see: Students, Faculty or Employees

Practice Name: Upstate Counseling Associates, LLC/ Resilience, LLC  
Clinician Name: Molly Dalva  
Phone: 843-375-6307  
Email: mcdcounseling@gmail.com  
Website: https://ucassoc.org/  
Area of Specialty: Complex and Developmental Trauma, highly sensitive people (HSP’s), anxiety and chronic stress. I work from a framework of being human with my clients as I am a therapist because therapy gave me hope and healing. I believe in it. I come from a place of supporting clients in building a sense of resilience and empowerment through connection, trust, and safety to be able to reach their healing goals.  
Insurance: 115  
Address: 880 S. Pleasantburg Drive, Greenville, SC 29601  
Willing to see: Students, Faculty or Employees

Practice Name: Rise Counseling, LLC  
Clinician Name: Tayla Fortenberry
Phone: 864-735-0110
**Website:** [https://www.irisecounseling.org](https://www.irisecounseling.org)
**Area of Specialty:** Interpersonal Trauma; Anxiety Disorders
**Address:** 880 S Pleasantburg Dr. Suite 4F Greenville, SC 29607
**Willing to see:** Students, Faculty or Employees

**Practice Name:** Erica Fleming Rutledge LPC LLC
**Clinician Name:** Erica Fleming Rutledge, LPC
**Phone:** 864-514-8849
**Email:** ericarutledge.lpc@gmail.com
**Area of Specialty:** Depression, anxiety, life transitions, compulsive behaviors.
**Address:** 1664 E Main St, Suite 204, Easley SC 29640
**Willing to see:** Students, Faculty or Employees

**Practice Name:** Griffin Moore, LLC
**Clinician Name:** Griffin Moore
**Phone:** 864-877-7025
**Email:** gmoore@greenvillecounseling.com
**Website:** [http://www.greenvillecounseling.com/](http://www.greenvillecounseling.com/)
**Area of Specialty:** I specialize in working with anxiety, depression, body image concerns and eating disorders.
**Insurance:** 105
**Address:** 4 Parkway Commons Way
Greer, SC 29615
**Willing to see:** Students, Faculty or Employees

**Practice Name:** Emily Loeber Therapy**
**Phone:** 864-962-7078
**Email:** emily@emilyloebertherapy.com
**Website:** [www.emilyloebertherapy.com](http://www.emilyloebertherapy.com)
**Area of Specialty:** I specialize in working with women who experience anxiety, depression, stress, and/or have difficulty adjusting to change
**Insurance:** I accept BlueCross BlueShield insurance as well as self-pay
**Address:** 205 Bryce Circle, Simpsonville, SC 29681. Telehealth appointments may also be available at this time.
Practice Name: Tuttle Therapy Services, Amanda Tuttle, M.Ed, Ed.S., LPC-A, NCC  
Phone: 860-706-2942  
Email: tuttletherapyservices@gmail.com  
Area of Specialty: My name is Amanda Tuttle. I am currently an LPC-A waiting for my full licensure (should have it by October!) practicing in SC as a sexual trauma counselor. I have recently opened a private practice called Tuttle Therapy Services where I provide tele-health counseling to adolescents and adults. I specialize in trauma (a wide array such as physical/emotional/sexual abuse, family deaths, accidents, etc) but also depression, anxiety, and other life adjustment concerns. I am trained in most trauma based practices including EMDR. I am trained in tele-health which includes video chats and phone sessions, which is perfect for college students who have a hard time making time during the school year to attend and in person session.  
Insurance: Not paneled but will provide a superbill to be submitted to insurance.

Practice Name: Carolina Counseling Partners (Julie Griffin)  
Phone: 864-593-0007  
Email: juliegriffin6@gmail.com  
Website: www.carolinacounselingpartners.com  
Area of Specialty: Trauma, Abuse, Anxiety, Depression, PTSD  
Insurance: BCBS, PAI, Blue Choice Health, State Health Plan, Federal Health Plan  
Address: 3150 S. Highway 14, Greenville, SC 29615

Practice Name: New Leaf Therapy (Christina Morrison)  
Phone: 864-350-7953  
Email: christina@newleaftherapysc.com  
Website: www.newleaftherapysc.com  
Area of Specialty: anxiety and depression, self-harm behaviors  
Insurance: BCBS  
Address: 72 Parkway Commons Way, Greer, SC 29650

Practice Name: Thriveworks Greenville (Nathan Hansen)  
Phone: 864-952-4048  
Email: sisu.empcoaching@gmail.com  
Website: https://thriveworks.com/greenville-counseling/  
Area of Specialty: Sports performance/anxiety/depression/trauma/anger  
Insurance: Aetna, Behavioral Health Systems, Blue Choice Medicaid Managed Care, Blue Cross Blue Shield (Companion Healthcare, Companion Technologies, State Health Plan), CIGNA, Human, OptumHealth Behavioral Solutions, Tricare East, Tricare South-Human Military, United HealthCare/ All Savers Alternate Funding, UnitedHealthcare/UHIS-UnitedHealth Integrated Services  
Address: 68 Pointe Circle, Suite 3201, Greenville, SC 29615
**Practice Name:** Riner Counseling (Mary-Catherin Riner, PhD., Ed.S., M.S.)**  
**Phone:** 1-864-608-0446  
**Email:** drmarycatherine@rinercounseling.com  
**Website:** https://rinercounseling.com/  
**Area of Specialty:** helping individuals struggling with food/body image concerns, OCD, couples counseling, self-harm behaviors, and trauma related experiences. I also enjoy working with individuals presenting with general anxiety and depression, ADHD, career counseling concerns, stress management, and issues related to identity and coping with general life transitions. When working with clients, I focus most on the relationship while also incorporating elements of cognitive behavioral therapy (CBT), acceptance and commitment therapy (ACT), and solutions focused therapy (SFT).  
**Address:** 1990 Augusta St #1990, Greenville, SC 29605

**Practice Name:** Riley Wellness Group (Beth Riley and Lisa Sobol, PhD, Rachel Doerr, Jayne Mattingly)  
**Phone:** 864-787-1946  
**Email:** beth@rileywellnessgroup.com  
**Website:** http://www.rileywellnessgroup.com/  
**Area of Specialty:** Virtual services for all mental health issues and coaching services geared towards college students and women’s wellness.  
**Address:** 220 N. Main Street, Suite 500, Greenville, SC 29601

**Practice Name:** Uplift Counseling Services, LLC (Taylor Krulac)  
**Phone:** 864-458-8176  
**Email:** info@upliftcounselingllc.com  
**Website:** www.upliftcounselingllc.com  
**Area of Specialty:** OCD specializing in Exposure Response Prevention (ERP), EMDR; Mood/Anxiety Related Disorders, and Acute Crisis Behaviors  
**Insurance:** Not paneled but will provide superbills.  
**Address:** Mauldin, SC

**Practice Name:** Legacy Counseling and Consulting, LLC (Leo Newman)  
**Phone:** 864-481-0004, fax: 864-568-3884  
**Email:** leo@legacycounselingllc.com  
**Website:** www.legacycounselingllc.com  
**Area of Specialty:** Chronic health challenges, pain, stress, and life transitions. EMDR for trauma and other difficult to treat concerns for which EMDR may be indicated. Offers office based counseling, tele-therapy, and counseling in the park.  
**Insurance:** BCBS and self-pay
Address: 1204 B East Washington Street, Greenville, SC 29601

Practice Name: Jerah Sowinski, LMFT, LPC
Phone: 864-406-6464
Email: hello@therapywithjerah.com
Website: www.therapywithjerah.com
Area of Specialty: Young adults, anxiety, depression, and trauma. EMDR trained.
Insurance: Out of network provider for BCBS
Address: 3E Cleveland Court, Greenville, SC 29607

Practice Name: Shine Counseling (Danielle Austin, LMFT, LMFT-S)
Phone: 864-704-7809
Email: danielle@shinecounselingservices.com
Website: www.shinecounselingservices.com
Area of Specialty: Christian Counselor, CBT, Solution-focused, Transformational Prayer Ministry (TPM)
Insurance: BCBS, Blue Choice, PAI, Federal Employee Plan, Aetna, Tricare
Address: 3449 Pelham Road, Greenville, SC 29615

Practice Name: Greenville Counseling Associates (Tate Strange)
Phone: 864-877-7025 ext. 712
Website: http://www.greenvillecounseling.com/tate-strange-lpc.html
Area of Specialty: College age (anxiety, depression, family/relationship issues, phase of life)
Insurance: Self-pay with sliding fee scale

Practice Name: GIFT Counseling Center for Wellness (Kelsey Rose)
Phone: 864-534-1224
Website: www.giftcounselingcenter.com
Specialty: Traumatic Stress
Insurance: Self-pay
Address: 119 Manly Street, Greenville, SC 29601

Practice Name: Elena Newman Counseling, LLC
Phone: 864-712-0505
Email: elenanewmancounseling@gmail.com
Website: https://www.psychologytoday.com/us/therapists/elena-newman-greenville-sc/265083
Area of Specialty: Anxiety and stress, Substance abuse, Relationships
Insurance: BCBS, Cigna
Address: 200 Hillcrest Commons Way in Spartanburg; 3523 Pelham Road in Greenville
Willing to see: Students, Faculty or Employees
**Practice Name:** Phillip Braun, LMFT  
**Phone:** 864-381-8321  
**Email:** pbraun@peacefulhaventherapy.com  
**Website:** http://www.peacefulhaventherapy.com/  
**Address:** 198 Roper Mountain Ext, Suite C, Greenville, SC 29615  
**Insurance:** Blue Cross Blue Shield (should be able to accept insurance in October)  
**Individuals:** depression, anxiety, grief, trauma, anger, self-esteem, LGBTQ issues, abuse  
**Couples:** all areas; he is becoming a certified EFT therapist – will have this completed by beginning of 2019  
**Families:** specializes in working with adolescent males and their families; does not work with children under the age of 12

**Spartanburg Area:**

**Practice Name:** Meg Taylor, MT Counseling  
**Phone:** 864-542-6041  
**Email:** metaylor@mtcounselingsc.com  
**Website:** https://mtcounselingsc.com/  
**Area of Specialty:** I’m in downtown Spartanburg. I specialize in kids but love seeing young adults with anxiety, depression, and self-esteem issues. I especially love working with student-athletes since I was one and can relate to that population!  
**Insurance:** At this time, I do not accept insurance but as of November I will begin becoming paneled!  
**Address:** 152 Magnolia Street Spartanburg SC 29306

**Practice Name:** Magnolia Counseling (several clinicians available)  
**Phone:** 864-583-5969  
**Website:** https://magnoliacounseling.net  
**Area of Specialty:** various  
**Address:** 153 N. Spring Street, Spartanburg, SC 29306

**Practice Name:** Next Generation Counseling (Ana Kelley)  
**Phone:** 864-580-6777 (fax: 864-708-2020)  
**Email:** anakelley@nextgenerationcounseling.com  
**Website:** www.nextgenerationcounseling.com  
**Area of Specialty:** Teens and young women, other counselors in the practice work with trauma, anxiety, depression, family issues, etc.  
**Insurance:** Blue Cross Blue Shield, Medicaid, and self-pay reduced rates available.  
**Address:** 101 N. Pine Street, Suite 315, Spartanburg, SC 29302
**Practice Name:** In-Step Counseling Services, LLC  
**Clinician Name:** Debbie Guilfoyle  
**Phone:** 864-310-6776  
**Email:** instepcounseling@gmail.com  
**Website:** [https://www.psychologytoday.com/us/therapists/29306/146743?sid=5f47cf6c0b103&ref=6&tr=ResultsName](https://www.psychologytoday.com/us/therapists/29306/146743?sid=5f47cf6c0b103&ref=6&tr=ResultsName)  
**Area of Specialty:** I work with young adults who have trauma, depression, anxiety, LGBTQ, and general transition issues.  
**Address:** 175 Magnolia Street, Suite 106, Spartanburg  
**Willing to see:** Students  

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**Practice Name:** EMERGE  
**Phone:** 864-583-1010  
**Website:** [www.westgatefti.org](http://www.westgatefti.org)  
**Area of Specialty:** General practice  
**Insurance:** Sliding Fee Scale  
**Address:** 138 Dillon Drive, Spartanburg, SC 29307  

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**Practice Name:** Beth Arms  
**Phone:** 864-583-1010  
**Area of Specialty:** General mental health disorders, school issues, parenting, ADHD, grief, adjustment disorders, spiritual issues.  
**Insurance:** BCBS, UHC, Cigna; EAPs: Beacon, Magellan, All One Health, JM Smith, Palmetto, MOS  

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**Practice Name:** Healing Solutions (Adrina West)  
**Phone:** 864-707-2167  
**Website:** [http://www.healingsolutionscounseling.com](http://www.healingsolutionscounseling.com)  
**Area of Specialty:** My areas of specialty are substance abuse, obesity, depression, anxiety, stress, and life transitions. I offer flexible schedules which includes early morning (7:00 am), late evening (6:00 pm) and Saturday mornings (varies) appointments.  
**Insurance:** I am currently accepting Medicaid and self pay clients at this time.  
**Address:** Healing Solutions is conveniently located approximately 3 minutes which is 1.2 miles from your campus. 340 E. Main Street, 102, Spartanburg, SC  

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**Practice Name:** Susan Lea, LMFT-I, CAC-P  
**Phone:** 864-406-5774  
**Area of Specialty:** Compassion fatigue, substance use, and trauma. Anger management.  
**Insurance:** Private Pay  
**Address:** 101 N. Pine Street, Spartanburg, SC 29303

**Practice Name:** Coda Counseling, LLC (Carla Turner)  
**Phone:** 864-316-8242  
**Website:** www.ecsweb.org  
**Area of Specialty:** EMDR, CBT, DBT, and mindful mood management. Trauma, anxiety, and OCD  
**Insurance:** BCBS, Cigna, all the SC Medicaid, Magellan, and several EAPs. Also, in network with medcost/healthscope insurance from Spartanburg Regional  
**Address:** 1953 Old Reidville Road, Spartanburg, SC 29301

**Practice Name:** In-Step Counseling Services, LLC (Debbie Guilfoyle LISW-CP)  
**Phone:** 864-310-6776  
**Email:** instepcounseling@gmail.com  
**Area of Specialty:** Young adults who have issues with depression, anxiety, trauma, and LGBTQ. Energy psychology techniques as well as talk therapy.  
**Insurance:** BCBS, most SC Medicaid (no WellCare), Cigna, and TriCare.  
**Address:** 175 Magnolia Street, Suite 106, Spartanburg, SC 29306

**Practice Name:** New Horizons Counseling (Kate Landsverk, LMFT) **  
**Phone:** 864-764-1007  
**Email:** katelandsverk@newhorizonscounselingsc.com  
**Insurance:** EAPs and self-pay. Assessment is $90, 50-minute sessions are $75  
**Address:** 1714 Boiling Springs Road, Boiling Springs, SC

**Practice Name:** Lori Ivey LLC  
**Clinician Name:** Lori Ivey  
**Phone:** 864-397-8056  
**Email:** Loriivey18@gmail.com  
**Website:** https://www.psychologytoday.com/us/therapists/lori-ivey-spartanburg-sc/421629  
**Address:** 127 Metro Drive Spartanburg, S.C. 29303  
**Willing to see:** Students, Faculty or Employees

**Practice Name:** Outside of the Box Therapy  
**Clinician Name:** Brittnemy Burke  
**Phone:** 864-274-8445  
**Email:** therapist01@outsideoftheboxtherapy.com  
**Website:** http://www.outsideoftheboxtherapy.com/our-location/
Area of Specialty: Co-occurring disorders, addiction, young adults, transitions into different stages of life
Address: 115 E. Montgomery St. Gaffney, SC 29340
Willing to see: Students, Faculty or Employees