**2019-20 INTRAMURALS, RECREATION & CLUB SPORTS**

DIRECTOR: Coach Steve Traylor  
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**INTRAMURAL TEAM SPORTS LEAGUES:**

1. **TERRIER TAG [FLAG FOOTBALL] – FALL**
2. **SOCCER – FALL**
3. **DODGEBALL – INTERIM**
4. **BASKETBALL – SPRING**
5. **SOFTBALL - SPRING**
6. **BEACH VOLLEYBALL [Sundays after Spring Break]**

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**RECREATION EXERCISE CLASSES:**

1. **AB-LAB**
2. **ZUMBA**
3. **BALLET CORE**
4. **CARDIO DANCE BLAST**
5. **YOGA**
6. **PILATES**
7. **High-Intensity Interval Training**

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**INTRAMURAL “AYC” INDIVIDUAL SPORT LEAGUES:**

1. **TENNIS/RACQUETBALL/DISC GOLF/BILLIARDS/PING-PONG**
2. **E-SPORTS [tentative]: Seth Flanagan/ flanagans@wofford.edu**

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**RECREATION DISC GOLF COURSE [across from Gibbs Stadium]:**

1. FREE DISCS AVAILABLE IN BENJO EQUIPMENT CHECK-OUT BIN  
2. OCCASIONAL TOURNEMENTS WITH PRIZES AWARDED

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**BENJO RECREATION CENTER [Open 6am-midnight daily] / REC FACILITIES / REC CLUBS:**

1. BENJO “FITNESS CENTERS”: “Cardio” West Concourse / “Strength” East Concourse
2. BENJO “ARENA”: 3 FULL COURTS [Basketball, Volleyball, Badminton, Tennis, Walking Track]
3. SENIOR VILLAGE: BEACH VOLLEYBALL COURT & OUTDOOR BASKETBALL COURT
4. TENNIS COURTS: REEVES TENNIS CENTER & BENJO RECREATION CENTER
5. INTRAMURAL FIELD: Lined for terrier tag, men’s lax, women’s lax, mini & regular soccer, softball
6. OUTDOORS CLUB
7. FLY-FISHING CLUB
8. TAE KWON DO CLUB

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**CHARTERED SPORTS CLUBS:**

1. **MEN LACROSSE CLUB**
2. **WOMEN VOLLEYBALL CLUB**
3. **SOCCER CLUB**
4. **EQUESTRIAN CLUB**
5. **DISC GOLF CLUB**
6. **GOLF CLUB**
7. **BASEBALL CLUB**
8. **TENNIS CLUB**
9. **TRIATHLON CLUB**
10. **MEN RUGBY CLUB**
11. **SWIM CLUB**

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**Contact Information:**

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