LIFELONG LEARNING AT WOFFORD

SPRING TERM 2019 | MARCH 11 - MAY 3
REGISTER BY MARCH 1, 2019.

Located in downtown Spartanburg, South Carolina, Lifelong Learning at Wofford offers members the chance to participate in eight-week, interactive courses and one-time workshops or events year-round. Local experts and Wofford faculty teach a wide range of topics, including history, religion, science, cooking, writing, pop culture, physical fitness and current events.

TO PARTICIPATE
1 - Go online to wofford.edu/lifelonglearning to register for classes and events.
2 - If you are unable to register online, please complete and return the enclosed application along with the annual $50 membership fee. Each eight-week course costs $40. Events, workshops and presentations may be free of charge to members. Some classes may require additional fees for supplies. The quickest way to reserve your spot in a class is to register online. If you choose to mail in your application, please note that applications should be received before March 1, 2019.
3 - Register over the phone by calling Tracey Southers, administrative assistant for Lifelong Learning at Wofford, at 864-597-4415.

TO SUGGEST A COURSE OR WORKSHOP
Have an idea that you’d like to explore? Visit wofford.edu/lifelonglearning to fill out a course or workshop proposal or contact Morgan A. Jordan, director of lifelong learning, at lifelonglearning@wofford.edu to discuss course topics or ways you can get involved as a resident expert and instructor.

PAYMENT
Have your credit or debit card ready if you choose to register online. If you are mailing in your registration, please make checks payable to Wofford College and mail to: Lifelong Learning at Wofford, Wofford College, 429 North Church Street, Spartanburg, S.C. 29303-3663.

Please keep in mind that classes fill quickly. Register early to reserve your spot in class.

COURSE SCHEDULE & DESCRIPTIONS | SPRING 2019
MARCH 11 - MAY 3

WHAT IF …? CONTINGENCY IN AMERICAN HISTORY  HGP 857
Professor Jim Farmer
MONDAYS, 10 - 11:30 A.M., UPPER ROOM, CUMC
What if Kennedy had not gotten into the car that day? What if the ball that whizzed by young militia officer George Washington had found its target? What if …? History is punctuated by turning points, and the bigger the turning point, the more it seems to invite speculation on alternative scenarios and their results. This course will explore the concept of contingency and the controversial idea of counter-factuals in American history. Examples will be offered by the instructor, and class members will be invited to add to them. Good “what ifs” will be distinguished from not-so-good ones, and discussions will be held with plenty of opportunity for class input. Class members should expect a series of interesting, fun discussions and should bring their creativity and critical thinking to class. This class will consist of discussions based on historical reality and free-ranging speculation.
Class limit: 30

OUT OF THE CLOSET  FAC 835
Larry Candler
MONDAYS, 10 - 11:30 A.M., SHEPARD ROOM, CUMC
Taught by a past member on the PFLAG National Board and parent of three gay children, this course will cover issues and difficulties faced by LGBT persons, including parents and their reactions when they learned they have a gay or transgender child. LGBT individuals will share their experiences in coming to terms with their sexual orientation/gender identity and how their families reacted to their “coming out.” A trans person will share their life’s journey in a very transphobic society. Hate crimes and legal issues also will be addressed.
Class limit: 20

PRACTICAL SPANISH  ITW 826
Michael Rainey
MONDAYS, 10 - 11:30 A.M., GARRETT ROOM, CUMC
This course will focus on elements of the Spanish language that will be useful to travelers to Spanish-speaking countries and to those who wish to communicate in Spanish at a basic level. No background in Spanish is required. Emphasis will be placed on correct pronunciation and usage of a variety of commonly heard phrases and vocabulary words. A number of videos featuring native speakers also will be used to practice and fuel discussion. Michael Rainey, who grew up in Puerto Rico, will lead this fun, informative class with knowledge and a good dose of humor.
Class limit: 15

YOGA BASICS FOR STRENGTH AND FLEXIBILITY  EFB 863
Catherine Querin
MONDAYS, 10 - 11:30 A.M., FELLOWSHIP HALL, CUMC
Note: This is a one-hour class, which will be held within the time period above. This 6-week, one-hour beginner’s yoga class will focus on improving balance, strength and flexibility. Find a few moments of calm on Monday mornings with this gentle class designed to help students feel more grounded and relaxed, regardless of age, flexibility or fitness level. This one-hour beginner’s yoga class will focus on improving balance, strength and flexibility. All poses may be modified for comfort and safety to meet individual needs, but participants should be comfortable getting on and off the floor with relative ease. Students in this class will learn to honor their bodies and to take what they learn on the mat out into the world around them. Students will need to bring their own yoga mats. Comfortable clothing and any other personal necessities (bottle of water, small towel, etc.) are encouraged. Class will not be held April 1st and 29th.
Class limit: 25
CULTURE, WOMEN DETECTIVES AND THE LAW FAC 826
Dr. Dennis Wiseman
MONDAYS, 1 - 2:30 P.M., UPPER ROOM, CUMC
Noted ethnographer Clifford James sketched the concept of the “native informant,” a literary character through whom a reader might more accurately perceive (and believe) culture and how people live in it. For this course, participants will focus on detective and detective fiction in which the detective character serves as the reader’s doorway into a variety of international and domestic cultural contexts. We will consider only women detectives, hoping to discover the particular doorways into culture afforded particularly to women. Authors may include Rhys Bowen, J.A. Vance, Janet Evanovich, Kwei Quartey, Ann Cleeves, Denise Mina, Karin Fossum, Diane Wei Lang, Louise Penny and Sara Paretsky. If possible, the class also will consider some television and film stories portrayed through Netflix and PBS (“Prime Suspect,” “The Fall”), and a strong focus will be given to course participants’ own reading and life experiences. Books for this course may be purchased used or new at Hub City Bookshop in downtown Spartanburg, where class members will receive a 10 percent discount for course books.
Class limit: 20

CLASSICAL GUITAR FAC 876
John Aker
MONDAYS, 1 - 2:30 P.M., SHEPARD ROOM, CUMC
Taught by a classical guitarist and the man behind the Troubadour Series at Wofford College, this course will give students an introduction to the techniques of classical guitar performance. No previous playing experience is necessary or expected, but a sincere commitment to daily practice is required. This hands-on class requires that students have a suitable classical guitar (nylon strings); a copy of the beginning text, “Solo Guitar Playing” by Fred Noah (4th edition); a foot stool and a tuner.
Class limit: 10

A MATTER OF BALANCE EFB 826
Julie Ward
MONDAYS, 2 - 3 P.M., FELLOWSHIP HALL, CUMC
Join fitness instructor Julie Ward as she leads this gentle movement class designed to build muscles, strengthen bones, improve posture and balance and increase core strength through exercises that are possible and painless. In this interactive class, participants will discuss overall body health designed for adults before they participate in multiple movement exercises that may be done sitting down or standing up. Discussions will include such topics as diet, nutrition and the pursuit of lifelong well-being. Participants of all fitness levels are welcome. Movements will be tailored individually to each learner’s comfort level. Loose, comfortable clothing and a pair of sturdy shoes are encouraged.
Class limit: 40

PERSONALITIES IN SOUTH CAROLINA HGP 809
Dr. Phillip Stone
MONDAYS, 3 - 4:30 P.M., CONFERENCE ROOM, SANDOR TESZLER LIBRARY, WOFFORD COLLEGE
Taught by a South Carolina historian, this course will examine some of the men and women who have had an impact on South Carolina, from the Colonial period to the modern era. Each week, class members will look at several figures, discuss the history and background of each figure, and learn more about the characters and their contributions to the state – both during their lifetimes and the present day. This class is taught in a mixed style of lecture and conversation, with plenty of room for class input.
Class limit: 20

GREAT DECISIONS IN FOREIGN POLICY 2019 HGP 845
Dr. Olin Sansbury
TUESDAYS, 10 - 11:30 A.M., UPPER ROOM, CUMC
*Note: Cost of this course is $72, which includes the 2019 Great Decisions briefing book. Please register by Feb. 20 to ensure the book is available before classes start.
Great Decisions is an annual program sponsored by the Foreign Policy Association, which provides participants with briefings books covering eight major topics for discussion as well as a DVD of half-hour expert panels that can be reviewed by participants. The critical issues for discussion this year include: “Refugees and Global Migration,” “The Middle East: Regional Disorder,” “Nuclear Negotiations: Back to the Future,” “The Rise of Populism in Europe,” “Decoding U.S.-China Trade,” “Cyber Conflict and Geopolitics,” “The United States and Mexico: A Partnership Tested,” “State of the State Department” and “Diplomacy.”
Class limit: 20

PRESENTING … YOU!: MAKING YOURSELF LOOK GOOD BEFORE SMALL GROUPS AND FIRING SQUADS PGD 82
Dr. Richard Spencer
TUESDAYS, 10 – 11:30 A.M., GARRETT ROOM, CUMC
Public speaking is an activity each and every one of us encounters at one point or another, whether it is giving a Sunday school lesson, reading the minutes of a meeting, speaking up in a crowd or simply introducing one friend to another at a party. Led by an award-winning Toastmaster, this course will focus on practicality. Participants will learn to organize their ideas, introduce themselves and others, demonstrate how-to skills and persuade the few or the many. The course will be taught with group activities, short speeches by class members, friendly suggestions for improving and positive and fun reinforcement. If you have things to say in 2019 and want the tools to make your voice heard, this class will help put any butterflies at bay and present the best you possible.
Class limit: 10

MORE THAN ENTERTAINMENT: INTERPERSONAL COMMUNICATION IN FILM FAC 949
Mary Jo Padgett
TUESDAYS, 1 - 2:30 P.M., UPPER ROOM, CUMC
Taught by a frequent resident of Paris, this course will examine Parisian culture and travel as well as the common history both France and the United States share through the American Revolution. The course will begin with an “armchair adventure” featuring a look at visiting and living in the iconic city. Discussions will be held about many need-to-know items, such as transportation modes in the city, French manners, festivals and events throughout the year and favorite haunts and neighborhoods. During the second half of the course, the class will explore history by taking a visual tour to 25 historical markers, statues and locations in Paris related to the American Revolution (1776-1800). The course connects us to today’s Paris as well as that period when Benjamin Franklin and Thomas Jefferson walked Parisian streets and established our common heritage.
Class limit: 40

PARIS LIFE AND THE AMERICAN REVOLUTION HGP 911
Dr. Omanii Abdullah
TUESDAYS, 10 A.M. – NOON, SHEPARD ROOM, CUMC
Explore the intricacies of nonverbal communication in this film class with Syracuse University professor Dr. Omanii Abdullah. After watching films, including titles such as “Gran Torino,” “The Devil Wears Prada,” “Doubt” and “The Help,” engage in class discussions that focus on body language, character emotions, cultural dynamics and gender.
Class limit: 20

THE ART OF HEALTHY AGING: SCIENCE, MIND, BODY AND SOUL PDG 801
Dr. Gregory Boeshaar
TUESDAYS, 1 - 2:30 P.M., SHEPARD ROOM, CUMC
Led by multiple experts in their fields, this course will look at the many factors involved with human aging. Topics to be discussed include living with intent, lifestyle adjustments, stress control, nutrition and exercises for the body and mind. The course will be team-taught by: Dr. Kara Bopp, associate professor of psychology at Wofford College, who is conducting research on normal age-related changes in memory and attention; Dori Burgess, program director of the local Alzheimer’s organization; Brenda Lytle, a Lifelong Learning nutrition expert and former North Carolina State University professor; Dr. John Simmons, former chief medical officer and founder of the Center for Health and Healing at Spartanburg Medical Center; and Dr. Gregory Boeshaar, a Wofford astronomy instructor whose perspective on aging includes exercise to support back pain and a double-knee replacement. Classes will involve presentations and open discussions. Class members are encouraged to come prepared to explore options and share experiences.
Class limit: 20
ART JOURNALING  FAC 949
Allison Ratterree
TUESDAYS, 1 – 2:30 P.M., GARRETT ROOM, CUMC
Multimedia art workshop leader Allison Ratterree will lead this hands-on crafting class that will introduce participants to the concept of art journaling and will allow them to create their own projects. Each week the class will explore one or more art techniques or media to add to their journals. Techniques and media may include watercolor, acrylic, collage, resist, fiber and lettering. The course, with a semi-open agenda, will allow students to choose what projects they would like to pursue after learning various techniques. Students should bring $10 to be paid to the instructor at the first class for materials. All materials and tools will be provided. Ratterree has taught workshops for Robin's Bead Nest, Random Arts and several art camps for various age groups at Spartanburg's Chapman Cultural Center.
Class limit: 10

BANDITS! TWELVE O’CLOCK HIGH!  HGP 971
Ben Lineberry
TUESDAYS, 1 – 2:30 P.M., SPARTANBURG AMERICAN LEGION BUILDING, 94 W. PARK DRIVE., SPARTANBURG, S.C. 29306
This class will follow the development of aerial warfare from 1914 through 1953. The class will include short lectures, video clips from movies such as “The Blue Max,” “The Battle of Britain,” “Fighter Squadron,” “The Hunters” and “Twelve O-Clock High.” Guest speakers will be welcomed at various times, including an F-18 Navy pilot who flew downtown Baghdad in 1991. The participants in the course will be instructed in the Ace-of-Aces bookcase games for WWI combat. This will be followed by the 12” x 6” tabletop games of Battle of Britain and Fortresses Over the Reich. The last tabletop game will use the jet fighter tactics of the Korean War.
Class limit: 15

PROFILES IN APPALACHIAN COURAGE: NATION BUILDING (1607 – 1820)  HGP 862
Dr. Maxine Appleby
TUESDAYS, 1 – 11:30 A.M., UPPER ROOM, CUMC
This course will look at the personal lives of the men and women who came to the New World lands in order to begin a life of adventure, to settle a place that would give them a chance to make a life different from what they had known, to find relief from oppressors, to own land and be the masters of their own destiny or for a myriad of other reasons. The course will be an examination of the cultural, ethnic, religious, social and economic characteristics of these settlers of the vast and wild Appalachian regions. Cultural patterns and belief systems also will be explored, as many have been passed down through the generations and may be found in the people and places of today’s Appalachia.
Class limit: 40

ON OTHER SHORES: WOMEN TAKING JOURNEYS AROUND THE WORLD  FAC 825
Dr. Ana Maria Wiseman
WEDNESDAYS, 10 – 11:30 A.M., SHEPARD ROOM, CUMC
This course will be a study of selected multicultural fiction by female authors of the past 20 years. In exploring the works of writers from the United States, Latin America, Europe, the Middle East, Africa and Asia, the class will consider gender and culture as lines of definition that have important implications for the themes and structure of the literature itself and for the world in which they live. Participants will follow the journeys of female protagonists near and far and consider how the characters engage others in their adopted living environment. A tentative reading list may include novels such as “Tisimsa” by Elena Poniatowska, “Digging to America” by Anne Tyler, “Orlando” by Virginia Woolf, “West of the Jordan” by Laila Halaby, “Bell Canto” by Ann Patchett and “The Tree Bride” by Sharat Mukherjee as well as some short fiction.
Class limit: 20

DIALOGUE: THE WRITER’S PARTNER AND BEST FRIEND  FAC 851
K.G. Mcabee, Dr. Richard Spencer
WEDNESDAYS, 10 – 11:30 A.M., GARRETT ROOM, CUMC
Beginners and experienced writers alike are encouraged to join this interactive writing class focused on perhaps one of the most plot-moving elements of dialogue: this course is a fingers-on-keys workshop designed to help everyone write meaningful, plot-moving dialogue - not just chitchat. Participants will improvise with others to ignite mutual creativity, share their writings and suggestions to help each other write better, write dialogue that grips attention and propels the action, and write dialogue that exposes each character’s ego, id and the depths of the subconscious. Taught by a published author and a produced playwright, this co-taught course will encourage participants to look at the power of words in a whole new way.
Class limit: 10

U.S. DIPLOMATIC AND MILITARY HISTORY: 1946 – 2000  HGP 996
Bob Perrin
WEDNESDAYS, 1 – 2:30 P.M., UPPER ROOM, CUMC
This course will offer a casual look at the United States accepting its role as a superpower that led to the nation being involved in the Korean War, the Vietnam War and a multitude of diplomatic skirmishes throughout the past 50 years, including CIA intervention in Guatemala and Iran, with which the country still is dealing today. The course will be taught with a series of lectures and visuals.
Class limit: 30

HOW WE GOT OUR BIBLE  RPE 801
James Ellis Griffith
THURSDAYS, 10 – 11:30 A.M., UPPER ROOM, CUMC
*Note: Due to a conflict, class will not be held on Thursday, April 4, but will instead be held on Tuesday, 4/2, from 11:30 to 1:00 pm.
Leamers in this class are encouraged to bring their curiosity and open minds as James Ellis Griffith leads an exploration of the development of the Bible. Class will begin with a look at the King James Version (1611) following a few centuries of attempts at English translations. It then will move backward in time to explore the Vulgate (Latin) translation and the establishment of the New Testament canon. Next will be an exploration of how the New Testament books came into being and the importance of the Septuagint (Greek translation of the Old Testament). Following that, there will be the exploration of the development of Old Testament books and the establishment of the Old Testament canon. The last three sessions will spring forward, dealing with: 1) new developments in Biblical interpretation beginning in the late 19th century, resulting in conflicts over interpretation; 2) the search for an “accessible” translation for English-speaking Americans; and 3) a review of contemporary translations and how to choose a study Bible.
Class limit: 40

THE FILMS OF SIDNEY POITIER  FAC 888
Dr. Omanii Abdullah
THURSDAYS 10 A.M. – NOON, SHEPARD ROOM, CUMC
Led by Dr. Omanii Abdullah, a public speaker, poet and professor at Syracuse University, this course will take a varied approach at the diverse films of the first African-American to receive an Academy Award as a lead actor in the 1960s. Students will see the growth of Sidney Poitier as an actor during the course of his career and discuss such topics as stereotyping, racism and cultural enrichment during the years of the Civil Rights movement. Class activities will include watching the films as a group and sharing in discussions.
Class limit: 15
DRAWING PENCIL PORTRAITS WITH BAILIE OF BAILIE STUDIOS PAC 949
THURSDAYS, 10:30 A.M. – 12:30 P.M., ROOM 128, ROSALIND SALLINGER RICHARDSON CENTER FOR THE ARTS, WOFFORD COLLEGE

In this class, students will learn how to transform favorite photos into beautifully rendered pencil portraits using Bailie’s own “Drawing Without Lines” technique. Those students already familiar with this technique will build upon their skills; new students will be introduced to the technique at the beginning of the course. Students should bring several photos from which to work each week. As this is a course where skills will build upon one another, it is important for students to commit to being in class each week. All students should purchase the following supplies before the first class: 16” x 20” drawing pad, Prismacolor Ebony pencils, Tombo knock eraser stick, kneaded eraser, white pearl eraser and a variety pack of blending/smudging sticks. All supplies may be purchased online for less than $30 at dickblick.com.

Class limit: 15

ORIGINS: THE UNIVERSE BECOMES AWARE MSE 878
Dr. Gregory Boeshaar
THURSDAYS, 1 – 2:30 P.M., UPPER ROOM, CUMC

Taught by a member of the team that developed the Hubble Space telescope, this course will take an in-depth look at how life emerged on Earth and advanced to the human race. The class will begin with the formation and development of Earth as a site for life. From a discussion of the chemical origins of life, class members then will track the evolution of ever more advanced life-forms through natural selection. These processes on Earth then will guide the search for life elsewhere in the solar system. From there, members will look at the results of the human race’s search for planets around other stars and the likelihood of these other star systems having habitable planets. Finally, the class will consider and discuss the possibility of contact with other civilizations and difficulties of communication with alien beings.

Class limit: 30

FILM AND FAITH REP 830
The Rev. Heidi Campbell-Robinson
THURSDAYS, 1 – 3 P.M., SHEPARD ROOM, CUMC

Participants in this class will use film as an avenue for reflection upon the meaning of the Christian faith and the manner in which it is portrayed in contemporary culture. Taught by the Rev. Heidi Campbell-Robinson, co-instructor of a Wofford College documentary film interim class, Sundance Film Festival attendee and short documentary filmmaker, this course will encourage class members to think about film from a theological perspective. The course will combine film screenings and interactive discussion.

Class limit: 20

BEGINNING AND INTERMEDIATE KNITTING PAC 954
Gail Jones
THURSDAYS, 2 - 3:30 P.M., GARRETT ROOM, CUMC

Whether participants are new to knitting or already have completed multiple projects, this casual knitting course will allow students to explore projects of all levels. Gail Jones, who has taught several classes and knitters at all levels, will lead this fun, hands-on course. Beginning students should bring a skein of 100 percent cotton yarn and a size 8, 29-inch long circular knitting needle to the first class.

Class limit: 10

### CALENDAR OF COURSES

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contingency in American History</td>
<td>Great Decisions in Foreign Policy</td>
<td>Profiles in Appalachian Courage</td>
<td>How We Got Our Bible</td>
</tr>
<tr>
<td>Out of the Closet</td>
<td>Presenting</td>
<td>On Other Shores</td>
<td>10 A.M. - NOON</td>
</tr>
<tr>
<td>Practical Spanish</td>
<td>More Than Entertainment</td>
<td>Dialogue: A Writer’s Partner and Best Friend</td>
<td>The Films of Sidney Poitier I</td>
</tr>
<tr>
<td>Yoga Basics</td>
<td>10 A.M. - NOON</td>
<td>10:30 A.M. - 12:30 P.M.</td>
<td>10:30 A.M. - 12:30 P.M.</td>
</tr>
<tr>
<td>1 - 2:30 P.M.</td>
<td>More Than Entertainment</td>
<td>Drawing Pencil Portraits</td>
<td>Drawing Pencil Portraits</td>
</tr>
<tr>
<td>Culture, Women Detectives and the Law</td>
<td>11:45 A.M. - 12:50 P.M.</td>
<td>1 - 2:30 P.M.</td>
<td>1 - 2:30 P.M.</td>
</tr>
<tr>
<td>2 - 3:30 P.M.</td>
<td>1 - 2:30 P.M.</td>
<td>1 – 3 P.M.</td>
<td>1 – 3 P.M.</td>
</tr>
<tr>
<td>Matter of Balance</td>
<td>Paris and the American Revolution</td>
<td>Film and Faith</td>
<td>Film and Faith</td>
</tr>
<tr>
<td>3 - 4:30 P.M.</td>
<td>The Art of Healthy Aging</td>
<td>2 – 3:30 P.M.</td>
<td>2 – 3:30 P.M.</td>
</tr>
<tr>
<td>Personalities in S.C.</td>
<td>Bandits!</td>
<td>Beginner and Intermediate Knitting</td>
<td>Beginner and Intermediate Knitting</td>
</tr>
</tbody>
</table>