Hello, Lifelong Learners!

Virtual Lifelong Learning at Wofford Summer 2020 registration now is open! Summer term virtual classes will run June 8-24.

You can read about the classes being offered HERE or if you are ready to register HERE.

All classes are free, will be three weeks long and will be offered online either through Zoom or prerecorded videos. After you register, a few days before the class starts, you will receive an email with a link to join the class. In preparation of your virtual classroom learning experiences, we are offering a chance for you to practice "Zooming," so read below for directions on how to join our weekly Zoom chats.

NEW: A weekly coffee (Zoom) chat for Wofford LLL members! (Thanks OLLI @ UVA for this GREAT idea!)

Join us on Zoom every Wednesday anytime between 10:30 and 11:30 a.m. to hear program updates from staff and committee members and chat with other members. We had a great time this week learning different Zoom features and hearing updates about the summer, fall and other plans. To register, email us at lifelonglearning@wofford.edu to receive the Zoom link to join the chat. We can't wait to "see" you!

If you're not too keen on talking to people on a screen, you're not alone. We promise we make it fun, and it's not as impersonal as you may think. This AARP article, Many Tech-Shy People Changing to Connect, offers several firsthand accounts of embracing video chat.

Until our classes start here are some more online learning opportunities:

1. Snapguide: DIY how-to guides.
2. Curiosity Stream: Watch original and exclusive documentaries.
4. Intelligence Squared: Debates, talks and discussions.

20 minutes for mind and body
To keep my sanity through COVID-19, I have relied heavily on Yoga with Adriene. She has 7.5 million followers. After you take one session with her you will know why. Try this Yoga For Complete Beginners. Adriene welcomes all levels, including beginners. Hop on the mat and start to build the foundation of your own yoga practice with this workout. Enjoy, stay mindful and find what feels good.

Ready to watch some movies?

Rotten Tomatoes and the Tomatometer score are the world's most trusted recommendation resources for quality entertainment. As the leading online aggregator of movie and TV show reviews from critics, Rotten Tomatoes provide fans with a comprehensive guide to what's "fresh" and what's "rotten" in theaters and at home. They've made a list of the top 100 movies of all time. Start popping some popcorn and turn on the TV and enjoy!

Here's some food for fun: Popcorn galore!

Since you have 100 movies to watch, we thought you'd want some fun ways to season your popcorn. Here are 32 recipes to spice up your popcorn's life from Delish.

Riddle for the week

NASA was considering sending canaries into space to study them under zero gravity. The project was scrapped when someone realized that in spite of having sufficient water supplies, they could die of dehydration within a few hours. Why?

Virtual tour of the moon

Take a virtual tour of the moon in all-new 4K resolution, thanks to data provided by NASA's Lunar Reconnaissance Orbiter spacecraft. As the visualization moves around the near side, far side, north and south poles, the video highlights interesting features, sites and information gathered on the lunar terrain. One small step for man, one giant step for mankind!

Time to get your geek on

Want to know what your cleaners under the sink are made of? How about aspirin or gasoline? Thanks to Wofford Lifelong Learning member Dwayne Grassie for this resource. PubChem is the world's largest collection of freely accessible chemical information. Search chemicals by name, molecular formula, structure and other identifiers. Find chemical and physical properties, biological activities, safety and toxicity information, patents, literature citations and more.

Want to play a game?

Do you like word games? Have you been through all of your crossword puzzles ... twice? Check out this link. The Washington Post has all kinds of word games, for free!
Here’s an easy **volunteer** project that’ll take you just a sec but can make a big impact! Just click on this link and join our Facebook page. Word of mouth is the best way to help a Lifelong Learning community grow. Facebook can be used to help your voice be heard for good! Like us, please.

**Please let us know:**

Have you found an online or local resource that you want to share with your Wofford Lifelong Learning community? Please let us know. Visit our Facebook page and leave a comment or email us at lifelonglearning@wofford.edu.

*Riddle Answer:* Birds, unlike humans, need gravity to swallow. Humans can swallow even while hanging upside down.

Stay safe and stay healthy. Please wear your mask in public places. We want to see you soon!

*To register for a course or event, please call 864-597-4415 or visit wofford.edu/lifelonglearning.*

*To propose a course or contact the director, please call 864-597-5304 or email Lucy Woodhouse, director of Lifelong Learning.*

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