Hello, Lifelong Learners!

As promised, I am providing you with more details on our summer term. We will offer seven classes for the summer term, which will begin June 8 and run for three weeks using Zoom. Registration will be held for the classes May 14 through June 4. All classes will be free, however, you must register to be able to attend.

A day before the class starts you will receive an email with a link to the class that you will click on, similar to how you have been doing in these e-newsletters, to join the class.

Between now and then we will offer a chance for you to practice your Zoom skills, so please read below for directions on how to join our weekly Zoom chats. Look next week in our e-newsletter for the summer term's lineup!

NEW: A weekly Zoom Chat for Wofford LLL members! (Thanks OLLI @ UVA for this GREAT idea!)

Join us on Zoom at 10:30 a.m. every Wednesday starting May 13 to hear program updates from staff and committee members and chat with other members. We see this weekly chat as a great way for members to get comfortable on the Zoom platform so they are ready as we begin our summer online courses.

We also will use breakout rooms in Zoom in which members can meet in groups if they would like to talk about a suggested topic, discuss tips and challenges faced while social distancing, or just to have a glimpse of each other (so be prepared to brush your hair or put lipstick on!).

Coffee chats start May 13. Register by emailing us at lifelonglearning@wofford.edu to receive the Zoom link via email the morning of the chat. NOTE: Registration is limited to our annual members and all instructors for now.

Check out this week’s featured online learning resources:

1. BBC Documentaries Podcast: The best of BBC World Service documentaries and other factual programs.
2. Planet Money: Global economy explained.
3. The Infinite Monkey Cage: A witty, irreverent look at the world through
4. For some local talent, check out Wofford Professor Mark Brynes’ class on *World War II: A Global History* filmed by C-SPAN for its "Lectures in History" series.

Never tried listening to podcasts before? Click here for guidance! **Listening to Podcasts: A Beginners Guide.**

*Thanks to OLLI @ UCONN for the suggestions.*

**Exercise! This one is an exercise for your eyes!**
While the Richardson Family Art Museum is closed to visitors until further notice, patrons now can get a glimpse of what’s on display in their galleries online. On view now are selections from "Peter L. Schmunk: Photographs 2010-2020" and "From Botticelli to Tintoretto: Italian Renaissance Art from the Tobey and Bob Jones Collections." The latter exhibition includes research conducted by students in Dr. Karen Goodchild’s ARTH 303: Italian Renaissance Art class. **Check out both galleries online now!**

**Food anyone?**
As South Carolina has started to open up stores and restaurants a little bit, it now is more important than ever to build up your immune system. **Healthline** lists the 15 foods to do just that!

**Have you liked us yet?**
We’ve gotten a few new followers on **Facebook**! We are going to start using Facebook more and more to share information that you then can share with your friends. Please like us so you can help spread good ideas and ways to stay in touch!

**Think globally, act locally for peace of mind**
Don’t get overwhelmed by all of the national and international news sources regarding COVID-19. **S.C. Department of Health and Environmental Control** keeps an eye on local information and stats. For national stats refer to data from the **Center for Disease Control** and for international stats **John Hopkins University** is keeping tabs.

**Exploring new places: It’s time to party!**
**Rick Steve’s European Festivals:** Rick travels throughout the continent celebrating the top 10 festivals, each one rich with tradition, great food and fun. In Spain, Rick runs the bulls in Pamplona and dances with locals at the April Fair in Seville. He also dons a mask in Venice for Carnival, which first began in 1162, and cheers on the horses at The Palio di Siena in Italy.

**Brain games**
**Everyday Heath** has a great list of ideas for keeping your brain clicking. Try these next time you want to get the wheels turning.

1. **Create word pictures.** Visualize the spelling of a word in your head, then try and think of any other words that begin (or end) with the same two
letters.

2. **Draw a map from memory.** After returning home from visiting a new place, try to draw a map of the area; repeat this exercise each time you visit a new location.

3. **Test your recall.** Make a list - of grocery items, things to do or anything else that comes to mind - and memorize it. An hour or so later, see how many items you can recall. Make items on the list as challenging as possible for the greatest mental stimulation.

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**Riddle for the Week:** Can you name three consecutive days without using the words Monday, Tuesday, Wednesday, Thursday, Friday, Saturday or Sunday?

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**Volunteer from home!**

Why not pick up the phone and call a friend you miss from one of your Wofford Lifelong Learning classes and tell them! We are our own community and need to take care of each other when we do not see each other every day. Go ahead, just call one person. Just think, if everyone did that, we’d all be in touch.

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**Wofford College town hall event for friends of the college**

If you missed last week’s virtual town hall for alumni and friends of the college, [CLICK HERE](#) to watch the recording. Topics include plans for the fall semester, enrollment, Commencement and how to support Wofford students.

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**Please let us know:**

Have you found an online or local resource that you want to share with your Wofford Lifelong Learning community? Please let us know. Visit our Facebook page and leave a comment or email us at lifelonglearning@wofford.edu.

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*Answer to the riddle: Yesterday, today and tomorrow!*

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*To register for a course or event, please call 864-597-4415 or visit wofford.edu/lifelonglearning.*

*To propose a course or contact the director, please call 864-597-5304 or email Lucy Woodhouse, Director of Lifelong Learning.*