Off Campus Counseling Referrals

We understand that some people prefer to seek help off campus, so please use this list as a resource if you want to begin working with someone.

The following therapists have indicated that they would love to work with Wofford students. Please take some time to check out their websites or Psychology Today profiles to learn more about them. Feel free to contact Counseling Services if you have questions about the process of finding an off-campus therapist.

** - indicates Wofford Alumni

GREENVILLE AREA:

Practice Name: Emily Loeber Therapy**
Phone: 864-962-7078
Website: www.emilyloebertherapy.com
**if they go to my website they can book online for their free consultation and for all future appointments. It's so easy, confidential and they don't have to pick up the phone!
Area of Specialty: Trauma, Substance Use/Abuse, Life Transitions/Difficulty Transitioning through Change
Insurance: I don't take insurance, but how about this?... my standard rate is $105, but I will see any client referred by Wofford for $80. That is a lower fee than what most insurances will reimburse.
Address: 205 Bryce Circle, Simpsonville, SC 29681

Practice Name: Tuttle Therapy Services, Amanda Tuttle, M.Ed, Ed.S., LPC-A, NCC
Phone: 860-706-2942
Email: tuttletherapyservices@gmail.com

Area of Specialty: My name is Amanda Tuttle. I am currently an LPC-A waiting for my full licensure practicing in SC as a sexual trauma counselor. I have recently opened a private practice called Tuttle Therapy Services where I provide tele-health counseling to adolescents and adults. I specialize in trauma (a wide array such as physical/emotional/sexual abuse, family deaths, accidents, etc). but also depression, anxiety, and other life adjustment concerns. I am trained in most trauma-based practices. I am trained in tele-health, which includes video chats and phone sessions, which is perfect for college students who have a hard time making time during the school year to attend an in-person session.

Insurance: Not paneled but will provide a superbill to be submitted to insurance.

Practice Name: AB Counseling, LLC (Alexandra Beavers, M.Ed., LPC)**
Phone: 864-660-3525
Email: alexbcounseling@gmail.com
Website: www.abcounselingllc.org.
Area of Specialty: I specialize in anxiety, depression, trauma and change-of-life issues.
Insurance: Medicaid and related MCOs, except for Molina and Absolute Total Care. I’m in the process of getting credentialed with BCBS.
Address: 880 S. Pleasantburg Drive, Suite 4 F, Greenville, SC
We have three other counselors in our office: William Mulkey, Tayla Fortenberry and Hollyi Hall. We all practice as our own individual entities, but share a space, so you may see them as well.

Practice Name: Carolina Counseling Partners (Julie Griffin)
Phone: 864-593-0007
Website: www.carolinacounselingpartners.com
Email: juliegriffin6@gmail.com
Area of Specialty: Trauma, abuse, anxiety, depression, PTSD
Insurance: BCBS, PAI, Blue Choice Health, State Health Plan, Federal Health Plan
Address: 3150 S. Highway 14, Greenville, SC 29615

Practice Name: New Leaf Therapy (Christina Morrison)
Phone: 864-350-7953
Website: www.newleaftherapysc.com
Email: christina@newleaftherapysc.com
Area of Specialty: Anxiety and depression, self-harm behaviors
Insurance: BCBS
Address: 72 Parkway Commons Way, Greer, SC 29650

Practice Name: Thriveworks Greenville (Nathan Hansen)
Phone: 864-952-4048
Website: https://thriveworks.com/greenville-counseling/
Email: sisu.empcoaching@gmail.com
Area of Specialty: Sports performance, anxiety, depression, trauma, anger
Insurance: Aetna, Behavioral Health Systems, Blue Choice Medicaid Managed Care, Blue Cross Blue Shield (Companion Healthcare, Companion Technologies, State Health Plan), CIGNA, Human, OptumHealth Behavioral Solutions, Tricare East, Tricare South-Human Military, United HealthCare/ All Savers Alternate Funding, UnitedHealthcare/UHIS-UnitedHealth Integrated Services
Address: 68 Pointe Circle, Suite 3201, Greenville, SC 29615

Practice Name: Melody Nadeau, LISW-CP
Phone: 864-326-5104 Fax: 864-568-3915
Website: www.melodynadeautherapy.com;
https://therapists.psychologytoday.com/351037
Email: melody@melodyndaughterapy.com
Area of Specialty: EMDR, DBT-informed skills and principles with a foundation of core mindfulness, certified addictions therapist with a focus on the teen/young adult population
Insurance: BCBS, provides superbills for out of network
Address: 20 Mills Avenue, Greenville, SC 29605

Practice Name: Griffin Wynkoop – City Center
Phone: 864-326-3435, extension 703
Website: http://www.citycentercounseling.org
Email: gwynkoop.ccc@gmail.com
Area of Specialty: Eating disorders/body image concerns, spirituality, trauma, anxiety, depression, life transitions and relationship distress
Insurance: Sliding fee scale depending on household income, minimum payment is $25 and maximum is $65
Address: 1627 E. North Street, Greenville, SC 29607

Practice Name: Griffin Wynkoop – Living Bread
Phone: 864-660-9407, extension 3
Website: http://livingbreadgreenville.org/
Email: gwynkoop.ccc@gmail.com
Area of Specialty: Eating disorders/body image concerns, spirituality, trauma, anxiety, depression, life transitions and relationship distress
Insurance: $100 first session: $150; we offer a sliding fee scale depending on the household income of clients – minimum amount is $10

Practice Name: Riner Counseling (Mary-Catherin Riner, PhD., Ed.S., M.S.)**
Phone: 864-608-0446
Website: https://rinercounseling.com/
Email: drmarycatherine@rinercounseling.com
**Area of Specialty:** Helping individuals struggling with food/body image concerns, OCD, couples counseling, self-harm behaviors and trauma related experiences.

**Address:** 1990 Augusta St #1990, Greenville, SC 29605

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**Practice Name:** Kheri Corbin, Riverstone Family Counseling  
**Phone:** 864-263-3039  
**Website:** [www.riverstonefamily.com](http://www.riverstonefamily.com)  
**Email:** KACounseling@riverstonefamily.com  
**Area of Specialty:** Kheri earned her B.A. degree in Psychology at Clemson University and her Masters of Marriage and Family Therapy at Converse College. Kheri earned her Graduate Certificate in Sports Counseling from California University of Pennsylvania. She received her clinical training from Emerge Family Therapy Center and Teaching Clinic (formerly known as Westgate Family Therapy Institute). Kheri is licensed by South Carolina as a Marriage and Family Therapist. She is a Clinical Fellow of the American Association for Marriage and Family Therapy (AAMFT) and a proud member of Alpha Kappa Alpha Sorority, Inc.  
**Address:** 137 Commons Way, Greenville, SC 29611

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**Practice Name:** Riley Wellness Group (Beth Riley and Lisa Sobol, PhD, Rachel Doerr, Jayne Mattingly)  
**Phone:** 864-787-1946  
**Website:** [http://www.rileywellnessgroup.com/](http://www.rileywellnessgroup.com/)  
**Email:** beth@rileywellnessgroup.com  
**Area of Specialty:** Virtual services for all mental health issues and coaching services geared toward college students and women’s wellness.  
**Insurance:**  
**Address:** 220 N. Main Street, Suite 500, Greenville, SC 29601

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**Practice Name:** Uplift Counseling Services, LLC (Taylor Krulac)
Phone: 864-458-8176
Website:  www.upliftcounselingllc.com
Email: info@uuplifcounselingllc.com
Area of Specialty: OCD specializing in Exposure Response Prevention (ERP), EMDR; Mood/Anxiety Related Disorders and Acute Crisis Behaviors
Insurance: Not paneled but will provide superbills.
Address: Mauldin, SC

Practice Name: Legacy Counseling and Consulting, LLC (Leo Newman)
Phone: 864-481-0004, fax: 864-568-3884
Website:  www.legacycounselingllc.com
Email: leo@legacycounselingllc.com
Area of Specialty: Chronic health challenges, pain, stress and life transitions. EMDR for trauma and other difficult-to-treat concerns for which EMDR may be indicated. Offers office-based counseling, tele-therapy and counseling in the park.
Insurance: BCBS and self-pay
Address: 1204 B East Washington Street, Greenville, SC 29601

Practice Name: Jerah Sowinski, LMFT, LPC
Phone: 864-406-6464
Website: www.therapywithjerah.com
Email: hello@therapywithjerah.com
Area of Specialty: Young adults, anxiety, depression, and trauma. EMDR trained.
Insurance: Out of network provider for BCBS
Address: 3E Cleveland Court, Greenville, SC 29607

Practice Name: Shine Counseling (Danielle Austin, LMFT, LMFT-S)
Phone: 864-704-7809
Website:  www.shinecounselingservices.com
Email: danielle@shinecounselingservices.com
**Area of Specialty:** Christian counselor, CBT, solution-focused, Transformational Prayer Ministry (TPM)  
**Insurance:** BCBS, Blue Choice, PAI, Federal Employee Plan, Aetna, Tricare  
**Address:** 3449 Pelham Road, Greenville, SC 29615

**Practice Name:** Greenville Counseling Associates (Tate Strange)  
**Phone:** 864-877-7025 ext. 712  
**Website:** [http://www.greenvillecounseling.com/tate-strange-lpc.html](http://www.greenvillecounseling.com/tate-strange-lpc.html)  
**Email:**  
**Area of Specialty:** College age (anxiety, depression, family/relationship issues, phase of life)  
**Insurance:** Self-pay with sliding fee scale

**Practice Name:** Clemson Counseling (Virginia Miller)  
**Website:** [www.clemsoncounseling.com](http://www.clemsoncounseling.com)

**Practice Name:** GIFT Counseling Center for Wellness (Kelsey Rose)  
**Phone:** 864-534-1224  
**Website:** [www.giftcounselingcenter.com](http://www.giftcounselingcenter.com)  
**Specialty:** Traumatic Stress  
**Insurance:** Self-pay  
**Address:** 119 Manly Street, Greenville, SC 29601

**Practice Name:** Elena Newman Counseling, LLC  
**Phone:** 864-712-0505  
**Area of Specialty:** Substance use and anxiety  
**Insurance:** BCBS, Cigna  
**Address:** Pelham Road, Greenville, SC

**Practice:** Peaceful Haven Therapy – Phillip Braun, LMFT  
**Phone:** 864-381-8321  
**Email:** pbraun@peacefulhaventherapy.com  
**Address:** 198 Roper Mountain Ext., Suite C
Greenville, SC 29615

**Insurance:** Blue Cross Blue Shield

**Specialty:** Individuals: depression, anxiety, grief, trauma, anger, self-esteem, LGBTQ issues, abuse. Couples: all areas. Families: specializes in working with adolescent males and their families.

**SPARTANBURG AREA:**

**Practice Name:** Meg Taylor, MT Counseling
**Phone:** 864-542-6041
**Website:** [https://mtcounselingsc.com/](https://mtcounselingsc.com/)
**Email:** megtaylor@mtcounselingsc.com

**Area of Specialty:** Young adults with anxiety, depression and self-esteem issues. Student-athletes.

**Insurance:** At this time, I do not accept insurance but as of November I will begin becoming paneled.

**Address:** 152 Magnolia St., Spartanburg SC 29306

**Practice Name:** Magnolia Counseling (several clinicians available)
**Phone:** 864-583-5969
**Website:** [https://magnoliacounseling.net](https://magnoliacounseling.net)

**Area of Specialty:** various

**Address:** 153 N. Spring Street, Spartanburg, SC 29306

**Practice Name:** Next Generation Counseling (Ana Kelley)
**Phone:** 864-580-6777 (fax: 864-708-2020)
**Website:** www.nextgenerationcounseling.com
**Email:** anakelley@nextgenerationcounseling.com

**Area of Specialty:** Teens and young women. Other counselors in the practice work with trauma, anxiety, depression, family issues, etc.

**Insurance:** Blue Cross Blue Shield, Medicaid, and self-pay reduced rates available.

**Address:** 101 N. Pine St., Suite 315, Spartanburg, SC 29302
Practice Name: Ross Hill Counseling**
Phone: 864-406-5678
Email: roshill.mft@gmail.com
Area of Specialty: Adolescents and adults with co-occurring substance use disorders
Insurance: Self-pay
Address: 324 E. Saint John St., Spartanburg, SC

Practice Name: EMERGE
Phone: 864-583-1010
Website: [www.westgatefti.org](http://www.westgatefti.org)
Area of Specialty: General practice
Insurance: Sliding fee scale
Address: 138 Dillon Drive, Spartanburg, SC 29307

Practice Name: Beth Arms
Phone: 864-583-1010
Area of Specialty: General mental health disorders, school issues, parenting, ADHD, grief, adjustment disorders, spiritual issues.
Insurance: BCBS, UHC, Cigna; EAPs: Beacon, Magellan, All One Health, JM Smith, Palmetto, MOS

Practice Name: Shelby Albright, LMFT
Phone: 864-381-8564
Area of Specialty: LGBTQ+ community
Insurance: BCBS and sliding fee scale
Address: 324 E. Saint John St., Suite D2, Spartanburg, SC 29302
Practice Name: Healing Solutions (Adrina West)
Phone: 864-707-2167
Website: [http://www.healingsolutionscounseling.com](http://www.healingsolutionscounseling.com)
Email: 
Area of Specialty: Substance abuse, obesity, depression, anxiety, stress and life transitions.
Insurance: Medicaid, self-pay and self pay
Address: 340 E. Main St., 102, Spartanburg, SC

Practice Name: Susan Lea, LMFT-I, CAC-P
Phone: 864-406-5774
Area of Specialty: Compassion fatigue, substance use, trauma, anger management.
Insurance: Private Pay
Address: 101 N. Pine Street, Spartanburg, SC 29303

Practice Name: Envision Counseling (Carla Turner)
Phone: (864) 278-0590
Website: [www.ecsweb.org](http://www.ecsweb.org)
Area of Specialty: EMDR, CBT, DBT and mindful mood management, trauma, anxiety and OCD
Insurance: BCBS, Cigna, SC Medicaid, Magellan and several EAPs. Also in network with Medcost/Healthscope from Spartanburg Regional
Address: 243 E. Blackstock Rd, Suite 3, Spartanburg, SC

Practice Name: In-Step Counseling Services, LLC (Debbie Guilfoyle LISW-CP)
Phone: 864-310-6776
Email: instepcounseling@gmail.com
**Area of Specialty:** Young adults who have issues with depression, anxiety, trauma and LGBTQ.

**Insurance:** BCBS, most SC Medicaid, Cigna and TriCare.

**Address:** 175 Magnolia Street, Suite 106, Spartanburg, SC 29306

**Practice Name:** New Horizons Counseling (Kate Landsverk, LMFT) **

**Phone:** 864-764-1007

**Email:** latelandsverk@newhorizonscounselingsc.com

**Insurance:** EAPs and self-pay. Assessment is $90, 50-minute sessions are $75

**Address:** 1714 Boiling Springs Road, Boiling Springs, SC