THE MODERN AMERICAN PRESIDENCY | HGP 875
Dr. Olin Sansbury
MONDAYS, 10 – 11:30 A.M., UPPER ROOM, CUMC
The role of the American president has changed over the years, especially since shortly before 1900. In part the changes reflect the growth of the U.S., economically and in terms of population, but politics and personality also have been factors in the expansion of presidential influence. The object of the course is to help participants gain an appreciation of the importance of presidential leadership in the American political system. The period covered will run from Theodore Roosevelt to Donald Trump. Lectures will be structured to allow for significant class discussion and will be supplemented with PowerPoint presentations. On a regular basis reading materials will be provided via email. Recommendations will be made for additional readings.
Class limit: 30

TRAVELING TRunks: FROM PEACH ORCHARDS TO GLENN SPRINGS | HGP 803
Colleen Twentyman
MONDAYS, 10 – 11:30 A.M., GARRETT ROOM, CUMC
Spartanburg natives and newcomers alike will appreciate this course that covers a wide range of topics from the early 1900s to the present day. Learn about peaches, traditional food and its preparation, immigration from overseas, Camp Wadsworth, Camp Croft, Glenn Springs and a number of historic colleges in the area. The course will conclude with an overview and discussion of present-day Spartanburg, preservation projects around the city and renovations that aim to add elegance and charm to the city in a new way.
Class limit: 20

WATERCOLORS 101 | FAC 804
Amy Weaver
MONDAYS, 10 – 11:30 A.M., FELLOWSHIP HALL, CUMC
This introductory art class explores the basics of watercolor materials, application techniques and the process of bringing it all together while learning to paint simple subjects through “See and Do” group demonstrations and individual practice. Each class builds upon the previous one and is supplemented with homework. Homework assignments require an internet connection and color printer. Participants will need to purchase some of their own supplies but are encouraged to wait until after the first class to see what items are needed. Prior experience is not necessary.
Class limit: 15

EAT TO LIVE, EAT TO THRIVE! | EFB 852
Brenda Lytle
MONDAYS, 11:30 A.M. – 2 P.M., LOCATION TBD
THIS CLASS WILL TAKE PLACE ON OCT. 2, 9, 16, 23 AND 30.
Join Brenda Lytle as she leads this 5-week nutritional cooking course based on Dr. Joel Fuhrman’s book, “Eat to Live.” Participants will learn the benefits of eating enough nutrient-rich produce to protect themselves from diseases and conditions that currently challenge our society’s health. Each week participants will prepare and eat nutrient-rich recipes. In addition, learners will discuss and learn exercises to improve bone density, prevent osteoporosis and increase overall body agility. Participants should bring a three-ring binder to class for recipes and notes. This course will require an extra $5 per class per participant ($25 total) to cover food costs, which will be due to the instructor at the beginning of the course. Space in this class is limited, and registration will be on a first-come, first-serve basis.
Class limit: 8

CUMC - Central United Methodist Church (see map on page 16)
MAPS ALIVE! | LTW 851

Ronald Swain
MONDAYS, 2 - 3:30 P.M., UPPER ROOM, CUMC
This six-week class beginning on Sept. 18 will provide learners with a detailed examination of historical maps of the United States from 1639 to 1870. Ron Swain will examine each map from a perspective of geography, history and art over the course of five weekly lectures. Topics covered will include an in-depth look at the early years of U.S. colonization, independence, westward expansion, various conflicts and resolutions, and the stories of many that helped shape the nation. The class will conclude with a field trip to the Spartanburg Regional History Museum, where the authentic maps will be on display.
Class limit: 30

A MATTER OF BALANCE | EFB 801

Julie Ward
MONDAYS, 2 - 3:30 P.M., FELLOWSHIP HALL, CUMC
Join fitness instructor Julie Ward as she leads this gentle movement course designed to build muscles, strengthen bones, improve posture and balance, and increase core strength. Learn easy movements that increase flexibility and strengthen the body from head to toe. In this interactive class, participants will discuss overall body health designed for adults before participating in multiple movement exercises that may be done sitting down or standing up. Discussions will include topics such as diet, nutrition and the pursuit of lifelong well-being. Participants of all fitness levels are welcome. Movements will be individually tailored to each learner’s comfort level. Loose, comfortable clothing is encouraged, along with a pair of sturdy shoes.
Class limit: 30

INTRODUCTION TO HIKING | EFB 806

Roger Upton
MONDAYS, SEPT. 18 THROUGH OCT. 9
CLASS AND FIELD HIKE TIMES VARY BETWEEN 5 - 6:30 P.M. AND 2 - 3:30 P.M., LOCATIONS VARY.
Scenic views, prismatic leaves and windswept landscapes are all harbingers of autumn’s approach. What better way to welcome the season than with this 4-week introductory course focused on hiking? Join local hiker, guide and outdoorsman Roger Upton for a short class that will introduce participants to the numerous aspects of hiking: its philosophy, health benefits, safety precautions and concerns, proper gear choice, map reading and other topics. There will be two local hikes associated with the course. Classroom sessions will be taught on Sept. 18 and Oct. 2 from 5 - 6:30 p.m. in the Upper Room. The first field hike will be held at the Pacolet River Heritage Preserve on Sept. 25 from 2 - 3:30 p.m. The second field hike will be held at Peters Creek Heritage Preserve on Oct. 9 from 2 - 3:30 p.m. Participants are encouraged to work up to walking easy and moderate distances before the class begins.
Class limit: 20

LEGENDARY LIVES OF APPALACHIAN WOMEN PART 1 | FAC 824

Dr. Maxine Appleby
TUESDAYS, 10 - 11:30 A.M., UPPER ROOM, CUMC
This course will offer an examination of the contributions and living conditions of Appalachian women settlers from 1607 to 1860. Taught by an instructor with a continuous interest in the culture of Appalachia and the people of the land, participants in this course will learn more about the fascinating lives of various women that helped to shape a nation.
Class limit: 40

CUMC - Central United Methodist Church (see map on page 16)
INTERMEDIATE BRIDGE | PAC 820
George Russell
TUESDAYS, 10 – 11:30 A.M., FELLOWSHIP HALL, CUMC
Popular throughout the world, bridge is a trick-taking game played in clubs, homes and online. Taught by an instructor with experience playing in numerous local, regional and national bridge tournaments, this course is designed for players with some knowledge of bridge play and bidding. Participants will cover basic suit, no-trump, slam and pre-emptive bidding. Declarer techniques of drawing trumps, ruffing losers and setting up long suits will also be discussed. Classes will consist of short lectures and playing lesson hands.
Class Limit: 30

THE ART OF WRITING NONFICTION | FAC 841
Dr. Edna Ellison
TUESDAYS, 10 – 11:30 A.M., GARRETT ROOM, CUMC
Author and editor Edna Ellison will lead this course focused on helping participants write and publish their work, whether that work is a handsome hardback book for children and grandchildren or the next best-seller. This course will explore practical steps toward writing, including the forming of query letters, writing material, deciding on a target audience and formatting chapters. Students also will focus on publishing work with self-publishing tools or using tools to sell their work to a publishing house. This course is for anyone that loves to write and is interested in sharing their writing with others.
Class limit: 20

RUSSIA AND THE NEW WORLD ORDER | HGP 990
Natasha Cimoszewicz-Harlan
TUESDAYS, 12 – 1:30 P.M., UPPER ROOM, CUMC
The course will take a closer look at Russia as a civilization seeking to regain its position as a superpower through skillful manipulation and involvement in the world's political, military and economic affairs. Through a series of lectures mixed with discussions, participants will establish Russia's current, future and potential position in the international arena.
Class limit: 40

GOLDEN YEARS: SAVE, SPEND, TRAVEL AND INVEST DURING RETIREMENT | BEF 800
Micah Valentine
TUESDAYS, 12 – 1:30 P.M., GARRETT ROOM, CUMC
This class will address the many facets of retirement planning, including investment basics, retirement income planning, identity theft, legacy planning and budgeting. This course is suited for those in retirement or nearing retirement who desire to gain basic knowledge of how to preserve their legacies and set up reliable retirement income streams. The course will include lectures as well as guest speakers who are experts in the field.
Class limit: 20

THE NATURE OF DOGS | MSE 850
Dr. Gregory Boeshaar
TUESDAYS, 2 – 3:30 P.M., UPPER ROOM, CUMC
The relationship between humans and dogs is distinctive. In this class participants will review our current understanding of the evolution of dogs from the gray wolf and their differentiation into a wealth of dog breeds. Topics for discussion and review will include human-dog communication, dog ancestry, genotyping, natural selection, canine domestication and modern dog behavior. Come learn about the strong bond between dogs and humans and the many elements that have earned dogs the nickname “man's best friend.”
Class limit: 40

CUMC - Central United Methodist Church (see map on page 16)
THE DARK CORNER: AN ELUSIVE TO EXCLUSIVE ODYSSEY | FAC 817

Dean Campbell

WEDNESDAYS, 10 – 11:30 A.M., UPPER ROOM, CUMC

This five-session class will offer an overview of the famous, yet infamous, mountainous region in northern Greenville, S.C., known for more than 175 years for moonshine, mystery and mayhem. The Dark Corner is delineated by physical boundaries, living philosophies, moonshining and superstition, spirituality and scenic beauty. Class will be held on consecutive Wednesdays from Sept. 20 through Oct. 18, with a special follow-up event “Twice-Told Tales and Twice-Sung Ballads” on Oct. 27.

Class limit: 25

THE BATTLE OF GETTYSBURG: THREE DAYS IN JULY 1863 | HGP 980

James Lineberry

WEDNESDAYS, 10 – 11:30 A.M., SPARTANBURG AMERICAN LEGION BUILDING

The Battle of Gettysburg: Three Days in July 1863 is a table-top war game on a 12’ x 6’ battle board, which will allow the students to plan strategy and implement infantry tactics. The scale for the infantry, cavalry and artillery, as well as the houses, scenery, etc., is 1:72nd scale. The class will be taught with interactive game playing, film clips and guest lectures.

Class limit: 20

THE PROTESTANT REFORMATION: THEN (1517) AND NOW (2017) | RPE 872

James Ellis Griffeth

THURSDAYS, 10 – 11:30 A.M., UPPER ROOM, CUMC

In this course learners will study the basics of doctrine and church organization in the early Protestant Reformation and how or whether they are now translated into the Protestant churches in our neighborhoods. Along the way participants will visit some of the cultural issues that have impacted Protestantism along its journey of 500 years. Taught from a series of lectures and discussions, this class is a good fit for all inquiring minds. While there is not a required textbook for the course, recommended background reading would include “American Gospel: God, the Founding Fathers and the Making of a Nation” (2006) by John Meacham and “Protestants: The Faith That Made the Modern World” (2017) by Alec Ryrie.

Class limit: 30

MUSIC AND CULTURE OF THE 1960s | FAC 880

Jack Fisher

THURSDAYS, 10 – 11:30 A.M., SHEPHERD ROOM, CUMC

Take a trip back to the soundtrack of the 1960s and discover how the music of the decade had a profound effect on the culture, which included the Civil Rights Movement; the assassinations of JFK, Martin Luther King Jr. and Robert Kennedy; the Cuban Missile Crisis; the Sexual Revolution; the Vietnam War and the moon landing. Participants will discuss “The New Frontier” (1960 – 63), “The British Invasion” (1964 – 67) and “The Counterculture” (1967 – 69).

Class limit: 20

THE HISTORY AND DEVELOPMENT OF THE BIBLE | RPE 807

James F. Joyner III

THURSDAYS, 10 – 11:30 A.M., GARRETT ROOM, CUMC

This class will discuss the ancient history of the sacred writings that became the Bibles of both Jewish and Christian faith communities, as well as the human (not the divine) role in creating and preserving sacred texts. The class will learn about alphabets, scribes, ancient literature, literacy, writing materials, the use of sacred texts and the canonization through the late Roman period. Taught by an instructor that studied with professor James H. Charlesworth in the Qumran caves in Israel, where the Dead Sea Scrolls were found, this course is for anyone interested in human and biblical history.

Class limit: 20

CUMC - Central United Methodist Church (see map on page 16)
HOLLYWOOD AND THE MOVIE INDUSTRY OF THE 20S AND 30S  | FAC 886

John R. Osburn
THURSDAYS, 12 – 1:30 P.M., UPPER ROOM, CUMC

History and movie fans alike will appreciate this class dedicated to Hollywood and its glitz, glamour and scandals. Taught by an instructor that grew up in Hollywood in a family that spent a lot of time in and around the stars and their homes, this class will offer participants the chance to learn about the men and women who helped make the industry what it is today. Participants will follow the rise of the studios, the stars and the agencies that tried to control them. The class will conclude with a special screening of “It Happened One Night” on campus in McMillan Theater at Wofford College.

Class limit: 30

DIPLOMATIC AND MILITARY HISTORY: FROM VIETNAM TO AFGHANISTAN  | HGP 853

Bob Perrin
THURSDAYS, 2 – 3:30 P.M., SHEPHERD ROOM, CUMC

Continuing a yearlong study of U.S. diplomatic and military affairs that began in 1900, this course will cover events of the late 20th and early 21st centuries. While the Vietnam War has been discussed, it will be used briefly as an introduction as the class moves from the Bay of Pigs Invasion and Cuban Missile Crisis into far-reaching episodes like the Indian-Pakistan War, the Arab-Israeli conflicts, the Arab Spring and Syrian Civil War to our endless involvement in Iran and Afghanistan.

Class Limit: 20

ARE WE ALONE? THE ASTRONOMICAL SEARCH FOR LIFE IN THE UNIVERSE  | MSE 875

Dr. Gregory Boeshaar
THURSDAYS, 2 – 3:30 P.M., UPPER ROOM, CUMC

Join space science engineer Greg Boeshaar in this course that will explore the astronomical approach to an age-old question, which rests on the strengths and limitations of human science. Starting with earth and its biology, the class will explore other possible sites in the solar system that may have given rise to their own organic species. Then participants will examine our sun’s home galaxy, the nature of its stars and the search for extraterrestrial planets. Finally, the class will join in playing the statistical game of estimating the possible number of intelligent civilizations in the Milky Way.

Class limit: 40

FASCINATING CHARACTERS IN HISTORY  | HGP 868

David Grote
THURSDAYS, 2 – 3:30 P.M., GARRETT ROOM, CUMC

Take a look at a number of characters throughout history in this class that will focus on fascinating figures and innovative engineers. Classes will be taught with a series of lectures on the following characters: J. Edgar Hoover, Malcolm X, Tim Conway, Dwight David Eisenhower, Clint Eastwood, Cole Porter, Steven Spielberg and Steve Jobs. Presentations will include lectures, discussions, music and videos.

Class limit: 20

* CUMC - Central United Methodist Church (see map on page 16)
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